



AMERICAN
PSYCHIATRIC
ASSOCIATION



ANNUAL MEETING

May 20-24, 2017 • San Diego

Prevention Through Partnerships

2017
Annual Meeting
Preliminary Program and
Registration Information



Join the conversation: **#APAAM17**

psychiatry.org/annualmeeting



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APA Administration

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Saul Levin, M.D., M.P.A.
Chief Executive Officer and Medical Director

Kristin Kroeger Ptakowski
Chief of Policy, Programs and Partnerships

Tristan Gorrindo, M.D.
Director, Education Division

Nina Taylor
Deputy Director, Education Division

Scientific Program Office

Leon Lewis
Senior Associate Director

Philip Pardee
Associate Director

Austin DeMarco
Content Coordinator

Louis Leonidas
Education Coordinator

Tiffany McCoy
Education Coordinator

Scientific Program Committee

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Carolyn Rodriguez, M.D., Ph.D.
Barry D. Sarvet, M.D.
Ron M. Winchel, M.D.
Sidney Zisook, M.D.

Consultants

Iqbal Ahmed, M.D.
Robert J. Boland, M.D.
Allegra I. Broft, M.D.
Joseph Cheong, M.D.
Stephen A. McLeod-Bryant, M.D.
Sarah Oreck, M.D., M.S.
Pedro Ruiz, M.D.

Corresponding Members

Alvaro Camacho, M.D.
David F. Gitlin, M.D.
Maria I. Lapid, M.D.
Julio Licinio, M.D.
John Luo, M.D.
Rajnish Mago, M.D.
Robert M. McCarron, D.O.
Arnaldo Moreno, M.D.
Daniel S. Pine, M.D.
Charles S. Price, M.D.
Uyen-Khanh Quang-Dang, M.D.
Alan Schatzberg, M.D.
Oliver M. Stroeh, M.D.



2017 Annual Meeting Theme

Prevention Through Partnerships

Join your colleagues from across the U.S. and around the world for the psychiatry event of the year!

The field of psychiatry continues to change rapidly due to new science, technologies, systems of care, collaborations, and partnerships. This year's APA Annual Meeting in San Diego will help you stay abreast of the changes, make new connections and renew old ones. The APA represents more than 36,500 psychiatrists around the world.

One important area of change for the field of psychiatry is the movement toward prevention and wellness and impacting patient care through the development of partnerships. Early identification of potential signs and symptoms as well as early intervention can positively affect many cases related to preventing or minimizing the impact of mental illness. Partnerships with disciplines in medicine, paraprofessionals and community development sectors will be key to advancing the future of mental health. An example of a potential strategic partnership would be a collaboration with obstetricians to identify mothers of young children coping with depression. Each group could benefit from the access of knowledge, engagement and shared understanding of optimal outcomes that will benefit the patient.

The increasing shift toward integrating the care of physical health and mental health offers many opportunities for partnerships leading to prevention screening, early identification and better treatment. Partnerships with schools can help increase screening for common mental health problems.

Participating in this year's Annual Meeting will provide you with the knowledge and understanding to help you effectively practice in this rapidly changing environment, including the latest research, best practices, innovative approaches, and more. This meeting offers numerous opportunities to explore the benefit of collaboration and partnerships. You'll have opportunities to create your own connections while also learning about innovative collaborations that are leading to not only effective diagnosis and treatments, but potentially preventing or reducing impacts of mental illness. As APA President Maria A. Oquendo, M.D., Ph.D., has noted, preventive strategies through partnerships will be a centerpiece of 21st Century medicine and 21st Century psychiatry.



Prevention Through Partnerships

About APA's Annual Meeting

APA's Annual Meeting is the premier psychiatry event of the year. With over 450 educational sessions and courses, there is no better event to help you expand your knowledge, network, and meet certification and licensure requirements.

- Learn from renowned psychiatry thought-leaders.
- Earn your CME and MOC credit toward licensing and crediting requirements.
- Discover innovative treatment options and new technologies.
- Connect with your colleagues from around the U.S. and 50+ other countries.

Why Attend?

A Great Value — With 40 *AMA PRA Category 1 Credits™* available, earn MOC and CME credits by attending.

Interactive Learning — The Annual Meeting's learning labs, sessions, courses and posters represent the best in engaging psychiatric education. Plan your own path with 8 tracks and 53 topics available at the meeting.

Networking — Connect with thousands of your peers at the largest psychiatry event in the world.

Events at the Meeting:

- Opening Session
- Convocation of Distinguished Fellows
- APA Bookstore
- MindGames Residents Competition
- Career Fair
- Publishers' Book Fair
- International Pavilion
- Exhibits

Who Should Attend?

The Annual Meeting is designed for all mental health professionals and advocates, including practicing, administrative and consultative psychiatrists; psychiatric researchers and educators; residents; and students. Whether you work in a private hospital, state mental health facility or private practice, APA's Annual Meeting has something to offer.

APA's Annual Meeting by the Numbers



13,000+
Attendees



450 Scientific
Sessions



200
Exhibitors



33
Courses



Up to
40 CME*

See page 15 for accreditation information.

Schedule At-A-Glance

All events held at the San Diego Convention Center unless otherwise noted

Friday, May 19, 2017

Noon – 6:00 p.m.	Registration Open
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Saturday, May 20, 2017

7:30 a.m. – 5:00 p.m.	Registration Open
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8:00 a.m. – 5:00 p.m.	Courses and Master Courses, Scientific Sessions, Education Center
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9:00 a.m. – 4:00 p.m.	APA Central, APA JobCentral, APA Bookstore, Career Fair and Publishers Book Fair
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10:00 a.m. – 4:00 p.m.	Medical Student/Resident Competition Poster Sessions
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5:15 p.m. – 6:45 p.m.	Scientific Session, Special Piano Performance by Richard Kogan, M.D.
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7:00 p.m. – 10:00 p.m.	American Psychiatric Association Foundation Benefit (<i>San Diego Wine and Culinary Event Center</i>)
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Sunday, May 21, 2017

7:30 a.m. – 5:00 p.m.	Registration Open
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8:00 a.m. – 5:00 p.m.	Courses and Master Courses, Scientific Sessions, Education Center
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10:00 a.m. – 4:00 p.m.	Exhibits, including APA Central, APA JobCentral, APA Bookstore, Career Fair, International Pavilion, Product Theaters and Publishers Book Fair
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10:00 a.m. – 4:00 p.m.	International Poster Sessions
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12:30 p.m. – 1:30 p.m.	APA Business Meeting and Forum— APA members only
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4:30 p.m. – 6:45 p.m.	Opening Session
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Schedule At-A-Glance

Monday, May 22, 2017

7:30 a.m. – 5:00 p.m.	Registration Open
8:00 a.m. – 5:00 p.m.	Courses and Master Courses, Scientific Sessions, Education Center
10:00 a.m. – 4:00 p.m.	Exhibits, including APA Central, APA JobCentral, APA Bookstore, Career Fair, International Pavilion, Product Theaters and Publishers Book Fair
10:00 a.m. – 4:00 p.m.	New Research Poster Sessions
5:30 p.m. – 6:30 p.m.	Convocation of Distinguished Fellows, William C. Menninger Memorial Lecture presented by Elizabeth Vargas

Tuesday, May 23, 2017

7:30 a.m. – 5:00 p.m.	Registration Open
8:00 a.m. – 5:00 p.m.	Courses and Master Courses, Scientific Sessions, Education Center
10:00 a.m. – 4:00 p.m.	Exhibits, including APA Central, APA JobCentral, APA Bookstore, Career Fair, International Pavilion, Product Theaters and Publishers Book Fair
10:00 a.m. – 4:00 p.m.	New Research Poster Sessions
5:15 p.m. – 6:15 p.m.	Mind Games

Wednesday, May 24, 2017

7:30 a.m. – 5:00 p.m.	Registration Open
8:00 a.m. – 5:00 p.m.	Scientific Sessions, Education Center

General Information

APA Annual Meeting On Demand

Special Discounts Available for APA Meeting

Attendees. Select the Gold Registration package when you register for the meeting, which includes APA Annual Meeting on Demand.

Features Include:

- ▶ Convenient online access to the meeting on demand library with approximately 300 hours of content
- ▶ Media player with enhanced browse and search capabilities
 - Search any word on the slides and immediately navigate to that part of the presentation
 - Bookmark favorite presentations
 - View most watched and most liked presentations
- ▶ Compact USB drive for offline access
- ▶ Downloadable MP3 files for convenient on-the-go audio
- ▶ Continuing medical education (CME) credit

APA Bookstore

San Diego Convention Center
Exhibit Halls A-C, Ground Level

Saturday, May 20 9:00 a.m. – 4:00 p.m.
Sunday, May 21 – Tuesday, May 23 10:00 a.m. – 4:00 p.m.

Stop by the APA Bookstore to see the latest books, journals and online content. You'll find new, bestselling titles and classical references on every area of psychiatry, including the *DSM-5*. APA members receive a 20% discount and APA resident-fellow members receive a 25% discount on all book products. Special member prices are available on subscription products.

APA Central

Visit the APA Central booth in the Exhibit Hall and discover the value of APA membership and the many benefits and programs the APA has to offer, including APA Foundation, advocacy and practice management resources. If you are not already a member, we invite you to join the APA through the rebate program, saving you money on dues.

APA Foundation Benefit

Saturday, May 20 7:00 p.m. – 10:00 p.m..

Advance Tickets:

\$95/person prior to April 30th, \$125/person after

The APA Foundation is *your* Foundation, focused on advancing the profession of psychiatry. Join 450+ of your colleagues at the place to be on Saturday night—the San Diego Wine and Culinary Arts Center. Mere steps from the convention center and major hotels, foodies will delight in gourmet hor's d'oeuvres while wine lovers will savor some of the best new wines and blends. Mingle on the heated outdoor patio or savor the indoor ambiance and entertainment.

The Benefit raises funds for professional and public education on psychiatry. This event fills up fast—reserve your \$95 discounted tickets at apafdn.org or by calling 703-907-8512. Ticket prices increase to \$125 on May 1.



General Information (continued)

APA JobCentral

Visit the APA JobCentral booth located in APA Central in the Exhibit Hall. A representative will be available to demonstrate JobCentral, as well as assist you with posting your available position or resume. Using the Event Connection tool, candidates and employers can flag their resume and/or posting to show attendance at this year's meeting. For more information, visit APA JobCentral online at jobs.psychiatry.org.

APA News Room

This room is for the use of registered and credentialed press and registered public relations representatives only. Press registration will open in February 2017. To register as media, contact Erin Connors at econnors@psych.org.

Exhibits

San Diego Convention Center
Exhibit Halls A-C, Ground Level

Saturday, May 20 9:00 a.m. - 4:00 p.m.

APA Central, APA Bookstore, APA JobCentral, Career Fair, and Publishers Book Fair. (Commercial Exhibits, International Pavilion and Product Theaters not open on Saturday.)

Sunday, May 21-Tuesday, May 23 10:00 a.m. - 4:00 p.m.

Commercial Exhibits, International Pavilion and Product Theaters open Sunday - Tuesday (including APA Central, APA Bookstore, APA JobCentral, Career Fair, and Publishers Book Fair).

Explore the **Exhibit Hall** to learn what's new in psychiatric products and services. View the latest developments in treatment technologies, training and career opportunities, as well as treatment options. Browse APA Publishing products and those of other publishers. Product Theaters and New Research Poster Sessions can also be found in the Exhibit Hall.

APA Cafés are located in the Exhibit Hall. Access free Wi-Fi and charging stations while you enjoy coffee and refreshments and network with colleagues.

Meeting Locations

Scientific program sessions and courses will be held in the San Diego Convention Center, Upper Level.

San Diego Convention Center

- APA Administration Offices
- APA Bookstore
- APA Central
- APA JobCentral
- APA Foundation Booths
- APA PAC Booths
- Assembly
- Board of Trustees Meeting
- Business Meeting
- CME Certificate of Attendance
- Convocation of Distinguished Fellows
- Courses
- Education Center
- Exhibits
- New Research Poster Sessions
- Media Workshops (Scientific Session)
- Opening Session
- PAC Booths
- Product Theaters
- Publishers' Book Fair
- Registration

Marriott Marquis

- Allied Group Meetings
- APA Component Meetings
- PSYCHSIGN
- Research Colloquium

Hilton Bayfront

- Allied Group Meetings
- APA Component Meetings

Grand Hyatt

- Allied Group Meetings

Westin

- Allied Group Meetings

Westin Gaslamp Quarter

- Allied Group Meetings

Marriott Gaslamp Quarter

- Allied Group Meetings

General Information (continued)

MindGames

San Diego Convention Center

Remember College Bowl? Are you a Jeopardy fan?

MindGames is the APA's national residency team competition.

This competition is a fun, educational challenge on patient care and medical knowledge for residents. Come cheer on your resident team and see who takes home the national trophy.

Shuttle Bus Routes

The San Diego Convention Center will serve as the hub for all shuttle bus routes. See page 57 for daily schedule and shuttle bus routes.

Special Services

If you have a disability and require special materials or services during the meeting, please email sdumey@psych.org by April 7, 2017.

Sunshine Act

The Physician Payment Sunshine Act is a federal law that requires pharmaceutical and device manufacturers under certain circumstances to publicly report any complimentary gift, food, beverage, non-CME-certified education or other item of value given to physicians. Some of the food, product theaters and trinkets that may be available to you at this meeting have been sponsored by companies that may be required to report your receipt of that gift. The APA recommends that you ask the person providing the complimentary item whether your name will be reported under the Act before accepting complimentary products or food so that you can make an independent and educated decision to accept or not accept it.





General Information (continued)

Recording Policy

Audio recording is permitted only for personal use. Registrants are welcome to use their own small, portable audio recorders to record any session, unless prohibited by the presenters. Larger professional recorders are not permitted except for use by registered members of the working press in accordance with APA press policies. Media will be identified with appropriate badges, and approved equipment will be identified with APA newsroom stickers. The APA has authorized a professional recording firm, which will be clearly identified, to record sessions. Registrants are not permitted to photograph or video record any session, as the intrusive nature of recording may be disruptive. This includes photographs taken with cell phone cameras.

Therapeutic Updates

In an effort to provide more opportunities for physicians attending APA meetings to benefit from industry information, the APA is offering special Therapeutic Updates developed by industry in conjunction with APA meetings. These programs include informational activities and focus groups and are considered informational, non-CME programs. Therapeutic Updates developed by industry are offered after the scientific program is completed for the day, are scheduled by the APA at meeting hotels, and are for meeting registrants only. Activities are reviewed by the American Psychiatric Association Foundation staff.

APA does not provide or permit CME credit for Therapeutic Updates; these events are not part of the scientific program.

All APA programs are in compliance with the AMA's Ethical Opinion on Gifts to Physicians from Industry.

Product Theaters

These sessions will take place in a separate theater area built in the Exhibit Hall. There will be a total of twelve 60-minute promotional product presentation sessions available. Sessions will seat 250 participants in a theater-like setting in the Exhibit Hall.

Program Format Descriptions

Advances in Series

These sessions are intended to highlight important new advances occurring in the field of psychiatry involving selected disorders or treatments. Some of these sessions are chaired by editors of recent textbooks published by American Psychiatric Association Publishing and feature selected chapter authors from these texts. The books discussed at these sessions may be purchased onsite and online at the APA Bookstore.

Advances in Research

These sessions are presented by leading clinical researchers who will present the latest developments in research.

Advances in Medicine

These include sessions designed to provide psychiatrists with the latest in clinical developments in other areas of medicine. The intent is to give participants an update from a physician in a particular specialty. These sessions will help participants keep pace with the rapidly expanding knowledge base and technology in various branches of medicine.

Case Conferences

During these 90-minute sessions, clinical material is presented by videotape or the treating therapist. One or more experts then discuss the case. These sessions are open to APA members only.

Courses/Master Courses

Courses provide enriched learning experiences that actively involve participants and include the opportunity for informal exchange with the faculty. Offered in four-hour (half-day), six-hour (full-day) and eight-hour (full-day) sessions, courses either review basic concepts in a special subject area or present advanced material on a circumscribed topic. Participants must purchase tickets to attend.

FOCUS Live

These 90-minute sessions allow participants to test their knowledge using an interactive audience response system (ARS). Experts, who served as guest editors of *FOCUS*, will lead lively multiple-choice question-based discussions, and the audience will enter their answers with their mobile devices. Results are instantly tallied and projected on the screen, providing participants with immediate feedback. Attendees are expected to bring their own devices for use during the session.

Forums

Forums are flexible 90-minute to two-hour presentations that afford participants the opportunity to highlight and select timely topics that are of interest to psychiatrists. Speakers and panel members are chosen for their expertise and leadership in the field.

Interactive Sessions

This 90-minute format allows small groups to meet informally with selected experts in psychiatry to discuss topics chosen by the expert, to obtain consultations around problems in research from senior researchers, or to use clinical material offered by the participants and hear clinically-based seminars presented by outstanding educators. Some of these are reserved for residents only. These sessions are limited to a set number of attendees on a first-come, first-served basis.

Learning Lab

The Learning Lab introduces an exciting new way to learn at the Annual Meeting. Each session in the Learning Lab transforms learning through collaboration, rich discussion around issues impacting psychiatry and hands-on learning.

Program Format Descriptions (continued)

Lectures

Lectures feature a small number of distinguished speakers discussing scientific and cultural topics, many of which will extend our understanding beyond the usual limits of clinical psychiatry. The Scientific Program Committee invites lecturers. Many award recipients, selected by the various APA award boards, also present lectures at the meeting.

Poster Sessions

This format allows for presentations of very recent findings. Posters are visual, self-explanatory presentations offered in four categories: International, Medical Student/Competition, New Research, and Young Investigators' New Research.

Rapid-Fire Talks

Formerly scientific and clinical reports, rapid-fire talks are oral presentations of papers prepared for submission before publication. Each 90-minute session contains two to four separate oral presentations grouped by topic, with audience discussion following each presentation.

Symposia

Symposia are three-hour sessions consisting of four to six thematically-linked presentations that focus on a specific topic relevant to clinical psychiatry. This format is designed to provide comprehensive treatment of a topic or discussion of the topic from several points of view and stimulate discussion with the audience.

Workshops

Workshops are 90-minute sessions that typically involve brief presentations from individual panel members, followed by the opportunity for lively and informative discussion. This format provides for substantial audience participation and is highly interactive.

Media Workshops

Media Workshops are three-hour sessions in which a feature-length film is shown and discussed.



Track Descriptions

With over 450 sessions and courses, the Annual Meeting covers the full range of psychiatry and mental health. This year's topical tracks include:

Addiction Psychiatry

This track will explore the evaluation and treatment of individuals with alcohol, drug and other substance-related disorders. Sessions will discuss critical issues, assessment techniques and possible solutions to advance scientific developments in addiction psychiatry.

Child and Adolescent Psychiatry

The child and adolescent psychiatry track will provide an in-depth review of the most common childhood disorders and the role of psychiatry as it pertains to the healthy development of children and young adults. Sessions in this track will cover topics such as cyberbullying, depression, and tools and resources for teens and parents.

Forensic Psychiatry

This track will provide a broad examination of the history of psychiatric care in correctional settings and how the law has driven and shaped this care. Attendees of these sessions will also discuss available and practical preventive interventions when persons with mental illness present increased risk of violence and will review facets of a comprehensive public health strategy to help maximize treatment and minimize morbidity and mortality associated with firearms.

Geriatric Psychiatry

With the ever-increasing population of adults over the age of 65, the population of elderly patients in a general psychiatry practice is growing exponentially. This track will review current strategies as well as new research in geriatric psychiatry that provides more effective ways to detect, treat and prevent major and minor psychiatric disorders of late life.

Prevention

Early identification and prevention of worsening morbidity are key components of any psychiatric treatment strategy. This track describes successful interventions clinicians can use to screen patients, identify high-risk individuals and prevent worsening morbidity, comorbidity and mortality.

Psychosomatic Medicine

Effectively diagnosing and treating comorbid psychiatric disorders is a critical function of psychiatric care. Sessions in this track explore how the practice of psychosomatic medicine can help streamline care for patients with even the most complex and difficult cases.

NIAAA

The APA is pleased to feature a special research track organized by the National Institute for Alcohol Abuse and Alcoholism. The 13 sessions in this track are presented by some of the leading researchers in the field to bring the latest research findings to the practicing clinician.

Residents, Fellows and Medical Students

The APA recognizes that learning and professional development are more important than ever and therefore has pulled together sessions tailored specifically for residents and their professional growth. Sessions will educate residents on addressing diversity, gaining leadership skills as well as patient suicide.

Boot Camps and EduTours

A Leadership Boot Camp for Residents and Early Career Psychiatrists

Join us in the Learning Lab for the second year as the APA Annual Meeting hosts a two-day leadership boot camp for residents, fellows and early career psychiatrists. Laura Roberts, M.D., M.A., will discuss topics such as leadership and networking skills, self-advocacy, giving feedback, negotiation, work-life balance, and practical habits for success. This boot camp offers attendees the opportunity to practice all these skills and more through highly interactive and engaging activities such as role plays, group discussion, interactive learning exercises, and Q&A, enabling all residents and early career psychiatrists to develop the skills they need to achieve success in their careers in academic medicine.

SATURDAY, MAY 20, 2017

8:00 a.m. – 11:00 a.m.

A Leadership Boot Camp for Residents and Fellows

MONDAY, MAY 22, 2017

8:00 a.m. – 11:00 a.m.

A Leadership Boot Camp for Early Career Academic Psychiatrists

EduTour: A New Learning Experience

APA EduTours provides opportunities for Annual Meeting attendees to learn new and best practices in psychiatry from San Diego experts.

Naval Medical Center San Diego Base Balboa and USNS Mercy Ship Tour

Tour major military treatment facilities and operational platforms used by the U.S. Navy. Participants will learn about the Wounded Warrior Battalion and Overcoming Adversity and Stress Injury Support (OASIS), a residential program that provides intensive mental health care to service members with combat-related mental health symptoms. Participants will also tour the simulation center and board the USNS Mercy, a leading U.S. Navy hospital ship.

Limit: 90 attendees

Restrictions: Due to the secure nature of the facilities, registrants for this tour must be U.S. Citizens.

Monday May 22, 2017

Pick up: 8:30 a.m.

Drop off: 3:00 p.m.

- Tickets are \$69 each.
- Tickets are available only to APA Annual Meeting registrants.
- Ticket sales close Saturday, April 3, 2017.

Limited capacity for each tour. Tickets available on a first come, first serve basis. Transportation provided and included in ticket price. Please email Nina Taylor at ntaylor@psych.org if you have any questions.

Continuing Medical Education

Accreditation

The American Psychiatric Association (APA) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide CME for physicians.

The APA designates this live activity for a maximum of 40 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The APA provides an online CME certificate for physicians and a certificate of participation for non-physicians. The overall scientific program provides a broad range of CME presentations, which include courses and master courses, lectures, rapid-fire talks (formerly scientific and clinical reports), symposia, and workshops, plus many other sessions. For further information, please refer to the preliminary program schedule listed in this guide and review the CME information in the APA Meetings App and the final *Program Guide* on site. The preliminary program will be published in the February 17, 2017, issue of *Psychiatric News*.

All physician registrant categories are eligible for CME credits.

Statement on Disclosure

For all program planners and presenters at CME activities, the American Psychiatric Association requires disclosure of all relevant financial relationships with any commercial interest in any amount occurring within the past 12 months, including those of spouse/partner. A commercial interest is an entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. Financial relationships are those relationships in which the individual benefits by receiving a salary, royalty, intellectual property rights, consulting fee, honoraria

for promotional speakers' bureau, ownership interest, or other financial benefit. An "affiliation" may include holding a position on an advisory committee, speakers' bureau, or some other role or benefit to a supporting organization.

In compliance with the ACCME's Standards for Commercial Support, the APA has a management of conflict of interest (MCI) process for all CME activities. The process ensures that all conflicts of interest are identified, managed and resolved prior to the educational activity. All presenters and planners must complete a disclosure in order to participate in an APA CME activity.

CME Evaluation

Participants will be given the opportunity to evaluate and provide feedback on the quality and value of their learning experience. Course directors and program planners will use this information for future activities. CME credit for APA members completing the evaluation will be recorded at psychiatry.org. Credits must be claimed by August 24, 2017.

Educational Objectives

By participating in this meeting, you will:

- ▶ Describe new research findings in psychiatry and neuroscience and how they may impact practice.
- ▶ Apply quality improvement strategies to improve clinical care.
- ▶ Provide culturally competent care for diverse populations.
- ▶ Describe the utility of psychotherapeutic and pharmacological treatment options.
- ▶ Integrate knowledge of current psychiatry into discussions with patients.
- ▶ Identify barriers to care, including health service delivery issues.

Course Introduction

The American Psychiatric Association (APA) Scientific Program Committee for the Annual Meeting works in collaboration with the Department of Continuing Medical Education to develop quality educational programs at the Annual Meeting. One aspect of this effort has been the development of short courses covering a single topic in depth and detail. Attendance is limited to allow participants greater opportunities for active participation.

Each of the courses described in this catalog was reviewed by the Scientific Program Committee and is judged to be of high educational quality. Each course also meets the requirements for *AMA PRA Category 1 Credits™*.

Courses provide an excellent opportunity for learning the essential skills of the psychiatric profession. They equip the participant with knowledge and practical skills to meet the challenges of his or her daily practice. Courses are designed for their educational content and accepted for the quality of their presentation, which provides for direct participant/faculty interaction in a small-group setting.

Master Courses

These in-depth courses are designed to broaden and enhance your professional skills and knowledge in special areas and include applicable publications from American Psychiatric Association Publishing.

Course Materials and Certificates

Attendees who register in advance will be sent a link to access and download the course materials prior to the meeting. At the conclusion of the course, and upon completion of an online evaluation, course attendees will receive a certificate of participation specific to the course attended. Course CME is included in the overall meeting CME credit claim.

Enrollment

Because most of the available spaces in courses fill early, you are encouraged to enroll in advance to ensure the availability of space in the course(s) of your choice. Course spaces cannot be reserved; you must purchase a ticket. The maximum number

of participants for each course is stated in the description, along with the date, time, location, and fee. The subcommittee on courses has endeavored to develop a balanced course program to cover all aspects of psychiatry so that courses will be available to participants regardless of their specific interests. The courses have been scheduled throughout the meeting to minimize conflicts with other program offerings.

Fees

Courses require an additional fee. Please see course listings for rates. Specific fees are listed with each course description. Please take time to ensure that the proper fees for both registration and your course selection(s) are enclosed when filling out the registration form.

Pre-Enrollment

- ▶ Pre-enrollment for courses is open to ALL Annual Meeting registrants.
- ▶ The maximum number of participants for each course is stated in the description, along with the date, time, location, and fee.
- ▶ To enroll in a course, please visit the meeting registration site.
- ▶ Course spaces cannot be reserved; you must purchase a ticket.

Master Course Listings

SATURDAY, MAY 20, 2017

Becoming Mindful: Integrating Mindfulness Into Your Psychiatric Practice

Topic: Integrative Medicine (CAM)

Director: Seema Desai, MD

Course Code: M2141

Educational Objectives: 1) Identify how mindfulness can be a useful tool in psychiatric practice for the clinician and the patient and understand how to access online resources and case-based practice examples; 2) Participate in three mindfulness-based exercises: "Focus on Breath," "Mindful Communication" and "Mindfulness and Technology"; 3) Critique the science and evidence base for clinical applications of mindfulness in specific patient populations; and 4) Articulate important obstacles and contraindications to the use of mindfulness in treatment settings

Description: Interest in yoga, meditation and related 'mindfulness'-based practices has grown, including for use in individual therapy. This course is for the practitioner or trainee who is interested in sharpening her or his skills in mindfulness based on the clinical evidence base and best practice standards. This course will begin with an introduction to mindfulness, inviting participants to engage in a "Focus on Breath" exercise and group discussion led by an experienced faculty member. The next segment of the course will focus on mindfulness for the clinician. This session will involve a dyadic exercise in "Mindful Communication," followed by group discussion. This section will also assist participants in preparing for common barriers, hang-ups and contradictions in mindfulness techniques. The audience will then have a chance to learn about using mindfulness with patients through a guided discussion of the evidence base, seminal clinical trials and common patient-based applications of mindfulness. This section will also involve case-based study and question and answer query with audience. Finally, the audience will have an opportunity to consider "Mindfulness and Technology" during an interactive session highlighting and surveying relationship between the two and the relevance of technology in the field of mental health. The final section will also assist participants in evaluating and mastering technological tools for practicing mindfulness. Workshop faculty include researchers, practitioners and authors of publications on mindfulness who have successfully integrated mindfulness approaches into child and adolescent, consult and liaison, and general adult practices. Audience engagement through active question and answer discussion will be encouraged throughout the course, as well as participation in individual mindfulness exercises and case-based discussion, including audience cases and experiences. Through practice of mindfulness, clinicians themselves can cultivate an attitude of compassion, increase empathy for patients, improve their ability to attend to patients in sessions,

and decrease burnout. Patients benefit through enhanced attention and emotion regulation and increased self-awareness, leading to improved overall functioning. Practicing mindfulness is learnable, teachable and enjoyable for the practitioner, with colleagues and for patients. The evidence to date points to real outcomes: improved clinician-patient relationships, enhanced qualities in the clinician, patient symptom reduction, and improved sense of well-being and overall functioning in patients.

8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$370 | **Advance:** \$400 | **Onsite:** \$430

Nonmember Early Bird: \$470 | **Advance:** \$500 | **Onsite:** \$530

Spaces Available: 460 | **Code:** M2141

SUNDAY, MAY 21, 2017

Pediatric Psychopharmacology

Topic: Child and Adolescent Psychiatry

Director: Karen Wagner

Course Code: M9006

Educational Objectives: 1) Demonstrate knowledge of current clinical guidelines for the use of pharmacotherapy in pediatric psychiatric disorders; 2) Identify practical clinical knowledge gained in the use of psychopharmacology and management of adverse effects; and 3) Utilize recent research on pharmacotherapy in common childhood psychiatric disorders

Description: **Objective:** The primary objective of this course is to provide practical information to clinicians on the use of psychotropic medications in the treatment of children and adolescents in their practices. **Methods:** This course will provide an overview and discussion of recent data in pediatric psychopharmacology, with a focus on mood disorders, attention-deficit/hyperactivity disorder, anxiety disorders, and autism spectrum disorder. The role of pharmacotherapy in the treatment of these disorders will be addressed, as will practical clinical aspects of using psychotropic medications in the treatment of children and adolescents. Management of adverse effects will be reviewed as well. Awareness of recent research data will help to facilitate an understanding of the basis for current clinical guidelines for the treatment of these psychiatric disorders. Clinically relevant research will be reviewed within the context of clinical treatment. **Conclusion:** Awareness of recent research and practice parameters on the use of pediatric psychopharmacology, and the application of this information to clinical practice, can inform and positively impact patient care

8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$370 | **Advance:** \$400 | **Onsite:** \$430

Nonmember Early Bird: \$470 | **Advance:** \$500 | **Onsite:** \$530

Spaces Available: 460 | **Code:** M9006

Master Course Listings

MONDAY, MAY 22, 2017

Street Drugs and Mental Disorders: Overview and Treatment of Dual Diagnosis Patients

Topic: Addiction Psychiatry

Director: John W. Tsuang, M.D.

Course Code: M8068

Educational Objectives: 1) Understand the issues related to the treatment of dual diagnosis patients; 2) Know the popular street drugs and club drugs; and 3) Know the available pharmacological agents for treatment of dual diagnosis patients

Description: According to the Epidemiologic Catchment Area (ECA), fifty percent of general psychiatric patients suffer from a substance abuse disorder. These patients, so-called dual diagnosis patients, are extremely difficult to treat and are big utilizers of public health services. This course is designed to familiarize participants with the diagnosis and state-of-the-art treatment for dual diagnosis patients. We will first review the different substances of abuse, including club drugs, and their psychiatric manifestations. The epidemiological data from the ECA study for dual diagnosis patients will be presented. Issues and difficulties relating to the treatment of dual diagnosis patients will be stressed. The available pharmacological agents for treatment of dual diagnosis patients and medication treatment for substance dependence will be covered. Additionally, participants will learn the harm reduction model versus the abstinence model for dual diagnosis patients.

8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$370 | **Advance:** \$400 | **Onsite:** \$430

Nonmember Early Bird: \$470 | **Advance:** \$500 | **Onsite:** \$530

Spaces Available: 460 | **Code:** M8068

TUESDAY, MAY 23, 2017

Essential Psychopharmacology

Topic: Psychopharmacology

Director: Alan F. Schatzberg, M.D.

Course Code: M9003

Educational Objectives: 1) Provide an update on recent advances in psychopharmacology for major disorders; 2) Discuss in detail approaches to the treatment of autism; 3) Review recent studies on the pharmacogenetics of antidepressant response; 4) Provide a rational basis for selection of medications for bipolar disorder; and 5) Discuss the efficacy and side effects of antipsychotic agents

Description: This master course in psychopharmacology will present new material on the pharmacological treatment of major psychiatric disorders. The course will involve presentation of data, QandA and case discussions.

8:00 a.m. – 5:00 p.m. | 8 Hours

San Diego Convention Center

Member Early Bird: \$370 | **Advance:** \$400 | **Onsite:** \$430

Nonmember Early Bird: \$470 | **Advance:** \$500 | **Onsite:** \$530

Spaces Available: 460 | **Code:** M9003



Course Listings

SATURDAY, MAY 20, 2017

Eating Disorders and Obesity Management for the General Psychiatrist

Topic: Eating Disorders

Director: B. Timothy Walsh, M.D.

Course Code: C8027

Educational Objectives: 1) Learn how to identify and evaluate individuals with eating disorders using DSM-5 diagnostic criteria; 2) Learn evidence-based pharmacological strategies for treating anorexia nervosa, bulimia nervosa and binge eating disorder; 3) Be introduced to tools used in evidence-based psychosocial treatments for eating disorders and obesity; 4) Learn about the psychological symptoms that commonly co-occur with obesity and the treatment adaptations that may be useful in managing psychiatric patients with obesity; and 5) Identify effective treatments for children and adolescents with eating disorders

Description: Eating disorders are serious psychiatric illnesses associated with high rates of morbidity and mortality. They affect more than 10 million individuals in the U.S. and account for increasing rates of disability among adolescent and young adults worldwide, according to studies of the global burden of disease. Eating disorders are frequently associated with other psychiatric symptoms and syndromes, including mood, anxiety and substance use disorders. Psychiatrists and other mental health clinicians who may not specialize in eating disorder treatments will commonly identify eating and weight problems among their patients and may not know how best to manage these features. This course serves as a clinical and research update on eating disorders and obesity for the general psychiatrist. The lectures will include an introduction to diagnosis and evaluation of eating disorders by Dr. B. Timothy Walsh, including guidance regarding the use of the Eating Disorders Assessment for DSM-5 (EDA-5), an app-based diagnostic tool. Dr. Evelyn Attia will review evidence-based medication treatments for eating disorders. Dr. Deborah Glasofer will discuss psychological treatments for adults with eating disorders and will present clinically useful tools from manualized treatments such as cognitive behavioral therapy (CBT). Dr. James Lock will review psychosocial treatments for children and adolescents with eating disorders and discuss special issues that affect younger patients with these challenging conditions. Dr. Laurel Mayer will speak on the presentation and evaluation of obesity for the psychiatrist. Dr. Mayer will additionally discuss effective treatment strategies for obese psychiatric patients. Dr. Walsh will present a clinical research update, emphasizing new neurobiological findings in anorexia and bulimia nervosa.

8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$230 | **Advance:** \$265 | **Onsite:** \$300
Nonmember Early Bird: \$280 | **Advance:** \$315 | **Onsite:** \$365
Spaces Available: 125 | **Code:** C8027

Buprenorphine and Office-Based Treatment of Opioid Use Disorder

Topic: Addiction Psychiatry

Director: John A. Renner, M.D.

Course Code: C8029

Educational Objectives: 1) Discuss the rationale and need for medication-assisted treatment (MAT) of opioid use disorder; 2) Apply the pharmacological characteristics of opioids in clinical practice; 3) Describe buprenorphine protocols for all phases of treatment and for optimal patient/treatment matching; 4) Describe the legislative and regulatory requirements of office-based opioid pharmacotherapy; and 5) Discuss treatment issues and management of opioid use disorder in adolescents, pregnant women, and patients with acute and/or chronic pain

Description: This course will describe the resources needed to set up office-based treatment with buprenorphine for patients with opioid use disorder (OUD) and review 1) DSM-5 criteria for opioid use disorder and the commonly accepted criteria for patients appropriate for office-based treatment of OUD; 2) confidentiality rules related to treatment of substance use disorders, Drug Enforcement Administration requirements for recordkeeping, and billing and common office procedures, 3) the epidemiology, symptoms and current treatment of anxiety, common depressive disorders and ADHD, as well as how to distinguish independent disorders from substance-induced psychiatric disorders; and 4) common clinical events associated with addictive behavior. Special treatment populations, including adolescents, geriatric patients, pregnant addicts, HIV-positive patients, and chronic pain patients will be addressed, and small-group case discussions will be used to reinforce learning. Physicians who complete this course will be eligible to request a waiver to practice medication-assisted addiction therapy with buprenorphine for the treatment of opioid dependence.

8:00 a.m. – 5:00 p.m. | 8 Hours

San Diego Convention Center

Member Early Bird: \$69 | **Advance:** \$69 | **Onsite:** \$69
Nonmember Early Bird: \$69 | **Advance:** \$69 | **Onsite:** \$69
Spaces Available: 88 | **Code:** C8029

Course Listings

Identifying and Helping Older Adults With Mild Neurocognitive Disorders

Topic: Geriatric Psychiatry

Director: James M. Ellison, M.D., M.P.H.

Course Code: C8042

Educational Objectives: 1) Explain the criteria and significance of the mild neurocognitive disorder (MiND) diagnosis; 2) Discuss the functional impact and prognosis of MiND; 3) Describe the clinical assessment, including neuropsychological assessment, for MiND; 4) Learn about the growing importance of neuroimaging biomarkers in appreciating and assessing MiND; and 5) List and discuss seven evidence-based steps to support optimal cognitive aging

Description: How can we identify mild neurocognitive disorder (MiND) and differentiate it from normal cognitive aging and major neurocognitive disorder? How can we assess, delay and prevent MiND? This course will address these questions and more. The course was developed to help clinicians understand the significance of the DSM-5's newly defined syndrome, mild neurocognitive disorder. The multidisciplinary team of lecturers will address the disorder's definition; causes and natural history; assessment using clinical, neuropsychological and advanced imaging techniques; and state-of-the-art evidence-based interventions. Before current biomarker studies validated the existence of this clinical syndrome, mild cognitive symptoms were often attributed to depression or anxiety. Mood disorders can indeed be accompanied by cognitive symptoms, but the nature of the relationship between these symptom categories is multifaceted. In various individuals, the signs of depression can be a prodrome of cognitive impairment, a risk factor for cognitive decline, a manifestation of a shared underlying etiology, or a reaction to progressive functional limitation. Identifying which one or more of these paradigms is most fitting can pave the way for effective intervention. Mild age-associated changes in cognition reflect aging of the brain, much as changes in glomerular filtration and reduced aerobic capacity can accompany aging of the kidneys and heart. The aging brain does not, as once believed, lose vast amounts of neurons over time; however, changes in synaptic structure, diminished activity of key neurotransmitters, altered integrity of white matter, and global loss of volume are typical findings in older brains. The functional manifestation of these changes is reflected in the different norms that apply to neuropsychological test performance of older subjects. The majority of older adults note mild changes in memory or other cognitive functions, and fear of memory loss is one of the most prevalent serious health concerns in this population. Fortunately, these changes are simply a minor nuisance for many. "Subjective cognitive impairment," a syndrome that has attracted the attention of researchers and clinicians, describes individuals, usually older adults, with more compromised cognitive functioning that still falls below the sensitivity of standardized screening tests. Subjective cognitive impairment is not yet a DSM-5 diagnosis, but it can be a precursor to mild neurocognitive disorder. Concerns about memory may lead an older adult to seek evaluation. Others may express concern about language, executive function or other cognitive areas.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | Advance: \$190 | Onsite: \$215

Nonmember Early Bird: \$195 | Advance: \$215 | Onsite: \$240

Spaces Available: 124 | Code: C8042

SUNDAY, MAY 21, 2017

Talking With Your Patients About Marijuana: What Every Psychiatrist Should Know

Topic: Psychopharmacology

Director: Henry S. Levine, M.D.

Course Code: C8001

Educational Objectives: 1) Discuss the CNS activity of cannabis and the physiological actions of cannabis and the cannabinoid system; 2) Discuss the medical usefulness and hazards of cannabis, particularly pertaining to psychiatric and substance abuse disorders; 3) Discuss the medicolegal climate regarding cannabis and legal restrictions on the medical use of cannabis; 4) Take a relevant history from, listen to, educate, and counsel patients who wish to use or are using cannabis for medical treatment or who are using it recreationally while in psychiatric treatment; and 5) Discuss the appropriateness of and techniques for making a cannabis use recommendation

Description: Marijuana, according to NIDA, is "the most commonly used illicit substance." However, according to state, not federal, laws, medical marijuana is legal in 25 states and the District of Columbia. Four states have also legalized recreational use of marijuana. As the number of states legalizing marijuana grows, more patients are turning to us, their doctors, for advice and information regarding marijuana's risks and benefits. Some patients with psychiatric illness are using marijuana recreationally as well, without knowledge of its effects. Both groups deserve education based on our scientific knowledge. However, despite research to the contrary, the U.S. government still considers marijuana a Schedule I substance "with no currently accepted medical use and a high potential for abuse." The federal stance, though recently revised, still inhibits research on the science of marijuana and has promoted an attitude toward marijuana's risks and benefits that is not scientifically based. We need to be able to counsel and educate our patients based on objective, scientific data. Too much is said with authority about medical aspects of marijuana—pro and con—that is misleading and deceptive. This course will teach the practitioner to understand the risks and benefits, restrictions, and seductions their patients face in considering cannabis use. The faculty will review the 2,500-year-long history of cannabis use in medicine and the more recent history of restrictions on research and use of cannabis in the U.S. We will discuss the cannabinoid system, CB1 and CB2 receptors, and their distribution and function, as well as endogenous cannabinoids. We will cover cannabis's routes of administration, bioavailability, distribution and elimination, and the unique actions of various cannabinoids. We will then present clinical research and its limitations on the usefulness of cannabis in psychiatric conditions—including anxiety, depression, psychosis, PTSD,

Course Listings

and sleep—and its role in violence. We will also review clinical research on its usefulness in nonpsychiatric medicine, including its actions in patients with inflammation, pain, spasm, loss of appetite, nausea, epilepsy, and HIV. We will present data on the FDA-approved cannabinoids. The faculty will detail hazards of cannabis use, including addiction, accidents, psychosis, cognitive deficits, withdrawal, heart and lung illnesses, and other psychiatric symptoms. We will describe the legal restrictions and limitations on psychiatric practitioners who may be asked by their patients to issue a “cannabis recommendation.” We will teach the practitioner to take a history relevant to the use of medical cannabis. We will discuss ways to listen to and talk with patients who are interested in using or are actively using cannabis for medical reasons or who are using cannabis recreationally while in treatment for a psychiatric disorder. We will not address screening for or treatment of addiction.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 124 | **Code:** C8001

Updates in Geriatric Psychiatry

Topic: Geriatric Psychiatry

Director: Rajesh R. Tampi, M.D., M.S.

Course Code: C8018

Educational Objectives: 1) Describe the epidemiology and neurobiology of major psychiatric disorders in late life; 2) Define the assessments for major psychiatric disorders in late life; 3) Discuss the latest treatments for major psychiatric disorders in late life; and 4) Enumerate the controversies in the management of psychiatric disorders in late life

Description: Psychiatric disorders are not uncommon in late life. Illnesses like dementias, behavioral and psychological symptoms of dementia, delirium, mood disorders, anxiety disorders, psychotic disorders, and substance use disorders are frequently encountered in older adults. The population of older adults is growing rapidly. This has led to an increase in the number of older adults with psychiatric disorders. Currently, there are fewer than 1,900 board-certified geriatric psychiatrists in the United States. Given the current educational models, it will be impossible to train adequate numbers of geriatric psychiatrists to meet the growing needs for clinical services for older adults with psychiatric illness. Due to the shortage of geriatric psychiatrists, general adult psychiatrist, primary care clinicians, advance practice nurses, and physician associates will be expected to see many of the older adults with psychiatric illness. There are only a limited number of educational courses for clinicians focused on psychiatric disorders in late life. Many clinicians who want to receive information through such courses have difficulty accessing them given the limited number of such courses. We have designed a comprehensive review course for clinicians who want to gain expertise in caring for older adults with psychiatric disorders. This course will be a one-stop shop for those who intend to receive the most up-to-date information on psychiatric disorders in late

life. This course will be taught by award-winning geriatric psychiatrists who have expertise in the teaching courses in geriatric psychiatry. The APA Annual Meeting is a perfect venue for such a review course, as it attracts a significant number of psychiatric clinicians who would benefit from such a course.

8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$230 | **Advance:** \$265 | **Onsite:** \$300

Nonmember Early Bird: \$280 | **Advance:** \$315 | **Onsite:** \$365

Spaces Available: 125 | **Code:** C8018

What Every Psychiatrist Needs to Know About Epilepsy

Topic: Neuropsychiatry

Director: Gaston Baslet, M.D.

Course Code: C8030

Educational Objectives: 1) Apply knowledge about the bidirectional relationship between epilepsy and psychiatric disorders to improve interdisciplinary collaboration and treatment outcomes for patients with epilepsy; 2) Perform a comprehensive evaluation in patients with seizures and successfully navigate challenging clinical manifestations that require careful diagnostic clarification; and 3) Design a treatment plan that follows current evidence and integrates the neurobiological and psychosocial contributions that epilepsy and its treatment have in various psychiatric presentations

Description: Psychiatric disorders are common in patients with epilepsy, beyond what is expected with a chronic medical condition. Both neurobiological and psychosocial factors contribute to the expression of psychopathology in patients with epilepsy. Clinical and translational research demonstrate a bidirectional relationship between epilepsy and a wide range of psychiatric disorders, including depression, anxiety, attention deficit/hyperactivity disorder, autism spectrum disorder, psychosis, and suicide. Despite these robust data, the mental health needs of many epilepsy patients remain unmet and impact the quality of life of these patients and the management of their illness. This course will guide clinicians on how to evaluate the challenging differential diagnoses of epilepsy patients, such as psychiatric disorders that mimic seizures as well as behavioral and affective symptoms that represent seizure manifestations. We will discuss in detail a wide variety of psychiatric manifestations (including depression, anxiety and attention deficit/hyperactivity disorder) in the context of epilepsy. The course will also include a review of current antiepileptic drugs and their impact on mood, behavior and cognition, as well as the impact of psychotropic medications on seizures. Evidence-based psychosocial interventions that address mood, anxiety and executive dysfunction in epilepsy will be discussed in detail. Emphasis will be placed on the need for interdisciplinary collaboration to clarify diagnosis, select appropriate therapies and optimize outcomes. Faculty will include experts in neurology, neuropsychiatry, clinical psychology, and neuropsychology who possess a wealth of clinical expertise in the evaluation and treatment of patients with epilepsy with comorbid psychiatric diagnoses. We will present illustrative

Course Listings

cases showcasing the complexity of these clinical scenarios. Participation from the audience will be encouraged.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 124 | **Code:** C8030

Psychiatric Disorders in Pregnant and Postpartum Women: An Update

Topic: Women's Health

Director: Shaila Misri, M.D., F.R.C.P.C.

Course Code: C8033

Educational Objectives: 1) Identify risk factors and be familiar with individualized treatment intervention for women with perinatal mood disorders; 2) Understand the principles of pharmacotherapy in bipolar disorders I and II in perinatal women and be familiar with teratogenicity, neonatal withdrawal and long-term effects of medication treatment; 3) Understand the effects of perinatal mood/anxiety disorders in mothers, fathers and children and learn about nonpharmacological treatment interventions; 4) Be aware of the effects of anxiety on fetus/child development and review clinical presentations and treatment options; and 5) Understand the impact of untreated maternal illness on fetus, child and family and be aware of evidence-based treatment guidelines

Description: This course will provide a comprehensive overview of research updates and current clinical guidelines on a variety of psychiatric disorders in pregnancy and lactation. These will include major depressive disorder; bipolar spectrum disorders; posttraumatic stress disorder; and anxiety disorders such as generalized anxiety disorders, obsessive-compulsive disorders and panic disorders. In depth research updates in perinatal psychopharmacology will be presented. Additionally, the course will focus on new knowledge with regards to psychotherapeutic interventions with cognitive behavioral and interpersonal psychotherapy. The novel approach of mindfulness-based cognitive therapy will be introduced. Effectiveness of light therapy, infant massage and alternative therapies will be discussed, and mother-baby attachment issues will be reviewed. Up-to-date information will be presented on postpartum mental illness in fathers, including their role in aiding maternal recovery from postpartum psychiatric illnesses. This interactive course encourages audience participation and discussion of complex patient scenarios or case vignettes. The course is specifically designed to update the audience on the cutting-edge knowledge in this subspecialty.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 96 | **Code:** C8033

Integrating Neuroscience Into the Clinical Practice of Psychiatry

Topic: Neuroscience and Genetics

Director: Melissa Arbuckle, M.D., Ph.D.

Course Code: C8034

Educational Objectives: 1) Appreciate the value of incorporating a neuroscience framework into the everyday clinical practice of psychiatry; 2) Feel confident and empowered that, with or without a neuroscience background, they can integrate cutting-edge neuroscience knowledge in routine clinical settings; and 3) Access resources and examples of how they might use new and innovative methods to educate patients, relatives, residents, and medical students about clinically relevant neuroscience findings

Description: Psychiatry is in the midst of a paradigm shift.

The diseases we treat are increasingly understood in terms of the complex interactions between genetic and environmental factors and the development and regulation of neural circuitry, yet most psychiatrists have relatively minimal knowledge of neuroscience. This may be due to many factors, including the difficulty of keeping pace with a rapidly advancing field or a lack of access to neuroscience teaching faculty. In addition, neuroscience has generally not been taught in a way that is engaging and accessible. The focus of this course will be on strategies to incorporate a modern neuroscience perspective into clinical care and bring the bench to the bedside. Attendees will be exposed to new learning activities to further integrate neuroscience into their psychiatric practice in ways that are both accessible and engaging and which encourage lifelong learning. The course will include several workshops: 1) "Basic Neuroscience" will review the basic neuroanatomy of the brain using readily available resources that can be accessed in any clinical setting; 2) "Clinical Neuroscience Conversations" is loosely modeled on the idea of the one minute preceptor, i.e., neuroscience teaching that can be done in the moment, with minimal preparation and directly linked to a clinical case; 3) "Neuroscience in the Media," in which a recent media psychiatric neuroscience article is reviewed and structured format used to critique the media coverage of the piece, find and appraise relevant literature, and then role play how one might communicate about this; and 4) "Talking Pathways to Patients" begins by reviewing the neurobiological underpinnings of a particular psychiatric disorder; participants then role play how they might discuss these findings with a patient, with an emphasis on understanding both symptoms and potential treatment options.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 124 | **Code:** C8034

Course Listings

Cognitive-behavior Therapy for Severe Mental Disorders: Building Treatment Skills That Work

Topic: Psychotherapy

Director: Jesse H. Wright, M.D., Ph.D.

Course Code: C8046

Educational Objectives: 1) Describe key modifications of CBT for severe mental disorders; 2) Detail CBT methods for suicide risk reduction; 3) Describe CBT methods for delusions and hallucinations; and 4) Detail CBT methods for chronic and severe depression

Description: There is growing evidence that cognitive behavior therapy (CBT) is an effective method for treating patients with chronic and severe mental disorders such as treatment-resistant depression and schizophrenia. This course helps clinicians gain CBT skills that can be added to pharmacotherapy when medication does not give adequate relief of symptoms. Common clinical problems targeted in the course include hopelessness and suicide risk, delusions, hallucinations, and entrenched maladaptive behaviors. Course faculty, who have helped develop and test CBT methods for severe mental illness, will demonstrate key methods with role plays and videos. Participants will have the opportunity to discuss application of CBT for their own patients. Examples of skills that will be learned are developing an effective antisuicide plan, modifying delusions with CBT, teaching patients coping methods for hallucinations, engaging difficult-to-treat patients, using creative methods for behavioral activation, and enhancing treatment adherence.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 88 | **Code:** C8046

Good Psychiatric Management of Borderline Personality Disorder

Topic: Practice Management

Director: John Gunderson, M.D.

Course Code: C9005

Educational Objectives: 1) Explain the diagnosis to patients and families and establish reasonable expectations for change (psychoeducation); 2) Manage the problem of recurrent suicidality and self-harm while limiting personal burden and liability; 3) Expedite alliance-building via use of medications and homework; and 4) Know when to prioritize BPD's treatment and when to defer until a comorbid disorder is resolved

Description: The course will describe an empirically validated treatment approach: general psychiatric management (GPM). GPM's emphasis on psychoeducation about genetics and prognosis and its integration of medications is consistent with other good psychiatric care. It uses management strategies that are practical, flexible and commonsensical. Listening, validation, and judicious self-disclosures and admonishments create a positive relationship in which both a psychiatrist's concerns

and limitations are explicit. Techniques and interventions that facilitate the patient's trust and willingness to become a proactive collaborator will be described. Guidelines for managing the common and usually most burdensome issues of managing suicidality and self-harm (e.g., intersession crises, threats as a call-for-help, excessive use of ERs or hospitals) will be reviewed. How and when psychiatrists can usefully integrate group, family or other psychotherapies will be described.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 96 | **Code:** C9005

MONDAY, MAY 22, 2017

Mind-Body Programs for Stress, Anxiety, Depression, PTSD, Military Trauma and Mass Disasters: Lecture and Experiential

Topic: Integrative Medicine (CAM)

Director: Patricia L. Gerbarg, M.D.

Course Code: C8000

Educational Objectives: 1) Describe how heart rate variability and sympathovagal balance contribute to overall well-being and stress resilience; 2) Apply polyvagal theory to understand how voluntarily regulated breathing practices (VRBPs) help shift the organism from states of defensive disconnection toward a state of safety and connectedness; 3) Discuss the vagal-gamma-aminobutyric acid theory of inhibition and its potential relevance to treatment of stress-, anxiety- and trauma-related disorders; 4) Experience coherent breathing for stress reduction and learn how VRBPs can be used to reduce anxiety, insomnia, depression and symptoms of PTSD; and 5) Experience open focus attentional training for stress reduction, improved attention, and relief of physical and psychological distress for clinicians and their patients

Description: Dr. Richard P. Brown and Dr. Patricia Gerbarg use PowerPoint slides, lecture, video clips, experiential practices, and QandA. This repeat of last year's course is updated with new research. Breath-Body-Mind (BBM) uses simple practices, primarily voluntarily regulated breathing practices (VRBPs) with coordinated movements derived from yoga, qigong, martial arts, meditation, and modern neuroscience. Easily learned for relief of stress, anxiety, depression, PTSD, and pain, these practices can be modified for different settings: private offices, clinics, hospitals, groups, schools, military bases, and disaster sites. We present developments in understanding how VRBPs rapidly improve sympathovagal balance, emotion regulation and symptom resolution in a wide variety of disorders and patient populations. The evolving neurophysiological theory incorporates concepts of polyvagal theory (Stephen Porges); interoception; and interactions between the autonomic nervous system, GABA pathways, emotion regulatory circuits, neuroendocrine response, and social engagement networks.

Course Listings

Polyvagal theory asserts that physiological states characterized by increased vagal influence on heart rate variability support social engagement and bonding and inhibit defensive limbic activity. A specific feature of trauma-related disorders—disconnection, disruption of bonding—will be explored. Dr. Gerbarg will briefly update research evidence that specific VRBPs, in combination with other practices, resulted in significant rapid improvements in psychological and physical symptoms in studies of GAD, veterans with PTSD, bowel disease, and survivors of mass disasters such as the 2004 Southeast Asian tsunami, 9/11 World Trade Center attacks, and war and slavery in Sudan. Dr. Chris Streeter will present phase 1 data from a mass resonance spectroscopy study of the effects of yoga and coherent breathing on mood and brain GABA levels in patients with major depressive disorder. Dr. Brown guides participants through rounds of movement with VRBPs: Coherent Breathing, 4-4-6-2, Breath Moving, “Ha,” and Open Focus Meditation. The gentle movements can be done standing or sitting and are suitable for adults and children. Awareness and mindfulness of breath and changes in mental and physical states is cultivated. Attendees enhance learning by participation in group processes. Dr. Gerbarg covers clinical issues, indications, contraindications, risks, benefits, and guidelines for augmenting psychotherapy with VRBPs. Cases illustrate pain resolution and restoration of connectedness/bonding through VRBPs that shift the individual from states of fear and immobilization to states of safety and bonding. Cases include a victim of sexual abuse, an Operation Iraqi Freedom veteran mental health specialist, a former U.S. Air Force U2 pilot, a second-generation Holocaust survivor, and a health care worker in Sudan. Resources for skill development are given. Bring a yoga mat, towel or blanket.

8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$230 | **Advance:** \$265 | **Onsite:** \$300
Nonmember Early Bird: \$280 | **Advance:** \$315 | **Onsite:** \$365
Spaces Available: 124 | **Code:** C8000

Risk Assessment for Violence

Topic: Forensic Psychiatry

Director: Phillip J. Resnick, M.D.

Course Code: C8014

Educational Objectives: 1) Specify four types of paranoid delusions that can lead to homicide; 2) Identify the relative risk of violence in schizophrenia, bipolar disorder and substance abuse, respectively; and 3) Indicate three factors that increase the likelihood that violent command hallucinations will be obeyed

Description: Mentally ill and substance-abusing clients present many risks for professionals. This course is designed to provide a practical map through the marshy minefield of uncertainty in assessing the risk for violence. The demographics of violence and the specific incidence of violence in different psychiatric diagnoses will be reviewed. Dangerousness will be discussed in persons with psychosis, mania, depression, and personality disorders. Special attention will be given to persons with paranoid delusions,

erotomantic delusions, command hallucinations, homosexual panic, and the new DSM-5 diagnosis of premenstrual dysphoric disorder. New research will be presented on the precipitating factors that cause paranoid patients to commit serious violence. Personality traits and childhood antecedents of adult violence will be covered. Instruction will be given on taking a history from potentially dangerous clients. Techniques will be demonstrated in the elucidation of violent threats and “perceived intentionality.” Dr. Resnick will suggest approaches to reduce the risk of malpractice liability. A videotaped vignette will allow participants to identify risk factors and develop a violence prevention plan.

1:00 p.m. – 5:00 p.m. | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215
Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240
Spaces Available: 88 | **Code:** C8014

The Clinical Assessment of Malingered Mental Illness

Topic: Forensic Psychiatry

Director: Phillip J. Resnick, M.D.

Course Code: C8015

Educational Objectives: 1) Demonstrate skill in detecting deception; 2) Detect malingered psychosis; 3) Identify four signs of malingered insanity defenses; and 4) Identify five clues to malingered PTSD

Description: This course is designed to give psychiatrists practical advice about the detection of malingering and lying. Faculty will summarize recent research and describe approaches to address suspected malingering in criminal defendants. Characteristics of true hallucinations will be contrasted with simulated hallucinations. Dr. Resnick will discuss faked amnesia, mental retardation, and the reluctance of psychiatrists to diagnose malingering. The limitations of the clinical interview and psychological testing in detecting malingering will be covered. The session will delineate 10 clues to malingered psychosis and five signs of malingered insanity defenses. Videotapes of three defendants describing hallucinations will enable participants to assess their skills in distinguishing between true and feigned mental disease. Participants will also have a written exercise to assess a plaintiff alleging PTSD.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215
Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240
Spaces Available: 88 | **Code:** C8015

Course Listings

Emergency Psychiatry: Evaluation and Treatment of the Crisis Patient

Topic: Emergency Psychiatry

Director: Kimberly D. Nordstrom, M.D., J.D.

Course Code: C8025

Educational Objectives: 1) Learn when to consult with your emergency medicine colleagues; 2) Understand why they order targeted labs rather than universal panels; 3) Learn techniques in engaging agitated patients; and 4) Understand the thought process behind finding the “right” medicine for the patient

Description: No matter the type of environment in which you practice psychiatry, you will experience patients who are in crisis. Behavioral emergencies may occur in any setting—outpatient, inpatient, emergency departments, and in the community. When psychiatric emergencies do occur, psychiatrists should be prepared to deal with surrounding clinical and system issues. One of the most important challenges is the initial assessment and management of a psychiatric crisis/emergency. This includes differentiating a clinical emergency from a social emergency. This course serves as a primer as well as an update for psychiatrists in the evaluation and management of psychiatric emergencies. The course faculty offer decades of experience in emergency psychiatry. Participants will learn about the role of medical and psychiatric evaluations and the use of risk assessment for patients in crisis. The course faculty will delve into when laboratory or other studies may be necessary and note instances when this information does not change treatment course. Tools, such as protocols, to aid in collaboration with the emergency physician will be examined. The art of creating alliances and tools for engaging the crisis patient will be discussed. The participants will also learn about the management of agitation (de-escalation and medication use). Special emphasis will be given to psychopharmacological treatments in the emergency setting. The course is divided into two parts; the first focuses on evaluation, and the second focuses on treatment. A combination of lectures and case discussion will cover fundamental and pragmatic skills to identify, assess, triage, and manage a range of clinical crises. Course faculty includes emergency psychiatrists and an emergency medicine physician to help provide various viewpoints and allow for rich discussion. The course will close with the course director leading a debate with faculty over best treatments for specific case scenarios. The intent of this exercise is to demonstrate that there is not one “right” answer and to exhibit the thought process behind treatment decisions.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 124 | **Code:** C8025

Patient-Centered and Interprofessional Approach to Managing Behavior Disturbance in Advanced Dementia

Topic: Geriatric Psychiatry

Director: Maureen C. Nash, M.D., M.S.

Course Code: C8026

Educational Objectives: 1) Differentiate between common types of dementia; 2) Describe a framework for nonpharmacological interventions; 3) Utilize an evidence-based algorithm for pharmacological interventions; 4) Access resources for detecting and treating delirium; and 5) Apply practical principles to these challenging clinical problems

Description: Successful treatment requires a holistic view of assessment, symptom interpretation and knowledge of the evidence base. A model of an interprofessional team assessment including psychiatry, nursing and occupational therapy will be provided in this course. This course is designed for psychiatrists, primary care providers, occupational therapists, advanced practice nurses, and others who desire to learn how to assess and manage behavior disturbances in those with dementia. This course is designed by and for clinicians with a solid basis in the current evidence. Cases will be used throughout the course to illustrate diagnostic issues and treatment dilemmas. The course will thoroughly review assessment, pharmacological and nonpharmacological management, and quality-of-life issues. Management for both inpatient and outpatient situations will be covered, with an emphasis on the most difficult situations, typically those who are referred to emergency rooms or who are inpatients in adult or geriatric psychiatric units. The first half will be an overview of behavior disturbance and how to measure disturbance while determining the proper diagnosis. Determining the type of dementia and detecting delirium is emphasized for proper management. Next there will be discussion of interprofessional, evidence-based nonpharmacological interventions and in-depth discussion of the pharmacological management of behavior disturbance in dementia. Current controversies and the regulatory environment in long-term care will be discussed. Cases of Alzheimer’s, Lewy body, frontal lobe, and other dementias will be used to highlight aspects of diagnosis and successful management of the behavior disturbances unique to each disease. Audience participation will be encouraged throughout and is an integral part of the learning process.

8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$230 | **Advance:** \$265 | **Onsite:** \$300

Nonmember Early Bird: \$280 | **Advance:** \$315 | **Onsite:** \$365

Spaces Available: 125 | **Code:** C8026

Course Listings

Dialectical Behavior Therapy for Psychiatrists: A DBT Toolkit for Treating Borderline Personality Disorder

Topic: Psychotherapy

Director: Beth Brodsky, Ph.D.

Course Code: C8028

Educational Objectives: 1) Be familiar with the basic theory and interventions of dialectical behavior therapy (DBT); 2) Use the DBT psychotherapy approach to enhance empathy for and treatment engagement with BPD patients; and 3) Incorporate targeted DBT interventions and principles to manage suicidal behaviors and treatment nonadherence

Description: Individuals with borderline personality disorder (BPD) present treatment challenges for even the most trained and dedicated clinicians. The BPD diagnosis is one of the most stigmatized of the mental illnesses, notorious for treatment resistance, high treatment utilization and dropout rates, recurrent suicidal and nonsuicidal self-injurious (NSSI) behaviors, and, consequently, clinician burnout. Dialectical behavior therapy (DBT) is an evidence-based psychosocial treatment with proven efficacy in decreasing suicidal and NSSI behaviors and treatment dropout in BPD, yet few practicing psychiatrists have been exposed to DBT in their training. This course will provide an overview of the DBT treatment approach and focus on teaching clinical psychiatrists and psychopharmacologists targeted DBT interventions that can enhance clinical management of the most difficult behaviors presented by these patients, such as suicidal and NSSI behaviors, ideation, and communications; frequent help-seeking; interpersonal hostility; and medication and general treatment nonadherence. These interventions include validation strategies to enhance empathy and treatment engagement; commitment strategies to establish collaboration toward reaching behavioral goals and prioritizing treatment focus on life-threatening behaviors; use of a diary card to track mood, suicidality, medication adherence, and related symptoms; behavioral analysis of suicidal and dysregulated behaviors to enhance problem solving; a protocol for effective between-session contact; and distress tolerance skills for reducing impulsivity. Participants will leave the class with a DBT toolkit to incorporate into their clinical practice.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 125 | **Code:** C8028

Motivational Interviewing as a Core Communication Style for Psychiatrists

Topic: Treatment (other non-pharmacological)

Director: Michael A. Flaum, M.D.

Course Code: C8032

Educational Objectives: 1) Describe what is meant by “the paradoxical effect of coercion” and why it is a central tenant of motivational interviewing (MI); 2) Improve ability to formulate

simple and complex reflections; 3) Demonstrate at least three techniques to elicit change talk; and 4) Explain the “ask, inform, ask” model of guiding a change plan; 5) Describe how the spirit of MI relates to the core elements of mental health recovery

Description: Motivational interviewing (MI) is a method and style of interpersonal communication initially developed for the treatment of substance use disorders. MI is distinguished from other counseling styles through the clinician’s intentional arrangement of the conversation so that it is the patient, rather than the clinician, who voices the argument for changing problematic behaviors. This is a radical departure from traditional helping conversations. Since its introduction in the early 1980s, the utility and effectiveness of MI has been recognized and validated in a wide variety of areas both within health care and beyond, yet its utilization in psychiatry remains relatively limited and is typically reserved for patients with substance abuse problems. The potential for MI is markedly broader. We suggest the utilization of MI as a default communication style and way of interacting with patients is an ideal way to promote a “recovery-oriented” approach to mental health care. Additionally, the MI style promotes a “positive psychiatry” approach across the full spectrum of patients. In this course, the core elements of both the technique and the so-called “spirit” of MI will be introduced, discussed and demonstrated, along with the rationale behind them. The course will include experiential learning (i.e., participants will actively practice core MI skills via simulations, role plays and “real plays”). This will include practice aimed at improving reflective listening, strategies to elicit and reinforce “change talk,” responding to “sustain talk,” and navigating discord. We will also discuss, demonstrate, and practice exchanging information and doing initial assessments and routine follow-up visits in an MI-consistent manner. The course is designed for learners of MI at all levels, including those who have had no prior exposure to MI.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 96 | **Code:** C8032

Suicidality Assessment and Documentation for Health Care Providers

Topic: Suicide and Risk Evaluation

Director: David V. Sheehan, M.D., M.B.A.

Course Code: C8037

Educational Objectives: 1) Conduct and properly document a thorough suicidality assessment.; 2) Identify the different suicidality disorder phenotypes and identify the treatment most likely to be helpful for each phenotype.; and 3) Properly monitor suicidality during the course of pharmacological and other treatments for psychiatric disorders and understand the limitations of and problems associated with suicide prediction.

Description: Suicide is the 15th leading cause of death worldwide and a leading cause of malpractice actions in psychiatry. Clinicians become alarmed when patients discuss suicidality. The product information on most psychiatric

Course Listings

drugs advises clinicians to assess and monitor their patients for suicidality before starting and throughout the course of treatment. The expectations on how to properly conduct and document suicidality assessments increased significantly following the inclusion of boxed warnings on suicidality for most psychiatric medications, but health care providers need guidance on how to do this in a time-efficient manner. Skillful assessment protects patients, and documentation protects the health care provider. This course operationalizes how to properly assess and document suicidality: 1) start with three screening questions for suicidality; 2) those who screen positive move on to more detailed assessment with a suicidality tracking scale; 3) if clinicians want even more detailed information on a patient's suicidality, they can use an expanded suicidality tracking scale and a suicide plan tracking scale; 4) regardless, use the structured diagnostic interview to classify a patient's suicidal symptoms into the 11 suicidality disorder phenotypes; 5) determine a course of treatment based on suicidality disorder phenotype; 6) document and summarize the findings from previous steps in the medical record for medicolegal protection; and 7) Use the suicidality tracking scales to monitor response to treatment. The faculty will involve the audience interactively at frequent intervals throughout the course through liberal use of question and answer discussions, small-group discussions, role playing, a simulation exercise, and instructional simulation games. The faculty will provide all course participants with templates and practical assessment tools that are useful in clinical practice settings.

1:00 p.m. – 5:00 p.m. | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215
Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240
Spaces Available: 96 | **Code:** C8037

Essentials of Assessing and Treating Attention-Deficit/Hyperactivity Disorder in Adults and Children

Topic: Diagnosis/Assessment

Director: Thomas E. Brown, Ph.D.

Course Code: C8044

Educational Objectives: 1) Understand the current model of ADHD as impairment of executive functions in children, teens or adults; 2) Identify the role of emotions and motivations in ADHD and how these are integrated into executive functions; 3) Adapt medication treatments for persons whose ADHD is complicated by various comorbid disorders; and 4) Tailor psychosocial and behavioral treatments for children, adolescents and adults with ADHD

Description: This advanced course is designed for clinicians who have completed basic professional education in assessment and treatment of ADHD and who have mastered basic concepts and skills for the treatment of ADHD. It will introduce new models for understanding the involvement of emotions and motivations in ADHD and will describe how treatments need to be modified in cases where ADHD is complicated by additional psychiatric disorders. Emphasis will be on treatment of adults, adolescents and

children whose ADHD is complicated by depression, bipolar disorder, substance use disorders, learning disorders, OCD, anxiety disorders, or autism spectrum disorder. Discussion of case materials will illustrate ways in which ADHD can be complicated by psychiatric comorbidity and by a diversity of interacting psychosocial factors, e.g., family conflicts, discrimination in schools and work settings. This course will illustrate how clinicians can 1) assess persons for ADHD in ways that account for these complicating factors; 2) select appropriate medications, including combined agents, for treatment of complicated ADHD and comorbid disorders; and 3) develop treatment interventions that may effectively address ADHD with psychiatric, developmental, familial, educational, and social system implications.

8:00 a.m. – Noon | 4 Hours

Repeat Offering: 1:00 p.m. – 5:00 p.m.

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215
Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240
Spaces Available: 124 | **Code:** C8044

Evaluation and Treatment of Sexual Dysfunctions

Topic: Gender and Sexuality

Director: Waguih William IsHak, M.D.

Course Code: C8047

Educational Objectives: 1) Acquire practical knowledge and skills in the evaluation of sexual disorders; 2) Acquire practical knowledge and skills in the treatment of sexual disorders; and 3) Learn to apply gained knowledge/skills to real examples of sexual disorders

Description: This course is designed to meet the needs of psychiatrists interested in acquiring current knowledge about the evaluation and treatment of sexual disorders in everyday psychiatric practice. The participants will acquire knowledge and skills in taking an adequate sexual history and diagnostic formulation. The epidemiology, diagnostic criteria and treatment of different sexual disorders will be presented, including the impact of current psychiatric and nonpsychiatric medications on sexual functioning. Treatment of medication-induced sexual dysfunction (especially the management of SSRI-induced sexual dysfunction), as well as sexual disorders secondary to medical conditions, will be presented. Treatment interventions for sexual disorders will be discussed, including psychotherapeutic and pharmacological treatments. Clinical application of presented material will be provided using real-world case examples brought by the presenter and participants. Methods of teaching will include lectures, clinical vignettes and group discussions.

1:00 p.m. – 5:00 p.m. | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215
Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240
Spaces Available: 124 | **Code:** C8047

Course Listings

Acute Brain Failure: Neurobiology, Prevention and Treatment of Delirium

Topic: Brain Imaging

Director: Jose R. Maldonado, M.D.

Course Code: C9000

Educational Objectives: 1) Identify the strengths and weaknesses of various screening and diagnostic instruments used for the detection of delirium; 2) Recognize the main risk factors for the development of delirium in the clinical setting; 3) Describe the evidence regarding the use of nonpharmacological techniques (e.g., light therapy, early mobilization) in delirium prevention and treatment; 4) Define the evidence behind the use of antipsychotic agents in the prevention and treatment of delirium; and 5) Recognize the evidence behind the use of nonconventional agents

Description: Delirium is a neurobehavioral syndrome caused by the transient disruption of normal neuronal activity due to disturbances of systemic physiology. It is also the most common psychiatric syndrome found in the general hospital setting, causing widespread adverse impact to medically ill patients. Studies have demonstrated that the occurrence of delirium is associated with greater morbidity, mortality, and a number of short- and long-term problems. In the short term, patients suffering from delirium are at risk of harming themselves (e.g., falls, accidental extubation) and of accidentally injuring their caregivers due to confusion, agitation and paranoia. In the long term, delirium has been associated with increased hospital-acquired complications (e.g., decubitus ulcers, aspiration pneumonia), a slower rate of physical recovery, prolonged hospital stays, and increased placement in specialized intermediate and long-term care facilities. Furthermore, delirium is associated with poor functional and cognitive recovery, an increased rate of cognitive impairment (including increasing rates of dementia), and decreased quality of life. This course will review delirium's diagnostic criteria (including new DSM-5 criteria), subtypes, clinical presentation and characteristics, available diagnostic tools, the theories attempting to explain its pathogenesis, and the reciprocal relationship between delirium and cognitive impairment, as well as summarize behavioral and pharmacological evidence-based techniques associated with successful prevention and treatment techniques. We will also use delirium tremens (i.e., alcohol withdrawal delirium) as a way to better understand delirium's pathophysiology and discuss novel, benzodiazepine-sparing techniques in order to better control the syndrome and prevent its complications while avoiding the deliriogenic effects of benzodiazepine agents.

1:00 p.m. – 5:00 p.m. | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 125 | **Code:** C9000

TUESDAY, MAY 23, 2017

Evidence-Based Psychodynamic Therapy: A Pragmatic Clinician's Workshop

Topic: Psychotherapy

Director: Richard F. Summers, M.D.

Course Code: C8003

Educational Objectives: 1) Become aware of the substantial evidence base supporting psychodynamic psychotherapy; 2) Improve treatment selection by applying a contemporary and pragmatic framework for delivering psychodynamic therapy; 3) Diagnose core psychodynamic problems and develop a psychodynamic formulation for appropriate patients; and 4) Understand how to develop an effective therapeutic alliance and employ techniques for facilitating change

Description: This pragmatically oriented, interactive course will help clinicians provide focused and evidence-based psychodynamic therapy to a wide range of appropriate patients. By providing a clear and consistent model connected to evidence and technique, we simplify and clarify the psychodynamic approach and help clinicians feel they are providing a contemporary and state-of-the-art treatment. This lively and participatory course will include many video clips of therapy sessions, participant discussion about technique, and a group exercise on defining the core psychodynamic problem of a presented patient. The course follows the arc of therapy by discussing the central concepts of therapeutic alliance, core psychodynamic problems, psychotherapy focus, and strategies for change. Presentation of the relevant evidence is paired with the model and specific techniques to bolster the clinician's confidence in the effectiveness of the method.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215

Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240

Spaces Available: 96 | **Code:** C8003

Neuroanatomy of Emotions

Topic: Biological Psychiatry

Director: Ricardo M. Vela, M.D.

Course Code: C8031

Educational Objectives: 1) Describe the functional neuroanatomical interrelationships of the hypothalamus, amygdala, septal nuclei, hippocampus, and anterior cingulate gyrus; 2) Identify major limbic fiber connectivity, trajectories and specific targets; 3) Describe how each limbic structure contributes to the specific expression of emotions and early attachment; and 4) Discuss neuroanatomical-emotional correlates in autism; 5) Discuss the implications of neurodevelopmental abnormalities of migrating neurons in schizophrenia

Description: Psychiatry has been revolutionized by the development of brain imaging research, which has expanded our understanding of mental illness. This explosion of

Course Listings

neuroscientific knowledge will continue to advance. In April 2013, President Obama called for a major initiative for advancing innovative neurotechnologies for brain research. NIMH has launched the new Research Domain Criteria (RDoC) that conceptualizes mental disorders as disorders of brain circuits that can be identified with the tools of clinical neuroscience. Psychiatrists need to access fundamental knowledge about brain neuroanatomy and neurocircuitry that will allow them to understand emerging neuroscientific findings that will be incorporated into the practice of psychiatry. This course will describe the structure of limbic nuclei and their interconnections as they relate to the basic mechanisms of emotions. Neuroanatomical illustrations of limbic nuclei, associated prefrontal and cerebellar structures, and main neurocircuitry will be presented. Drawing from classic neurobiological research studies and clinical case data, this course will show how each limbic structure, interacting with each other, contributes to the expression of emotions and attachment behavior. Three-dimensional relationships of limbic structures will be demonstrated using a digital interactive brain atlas with animated illustrations. The relevance of neuroanatomical abnormalities in autism, PTSD, major depression, and schizophrenia will be discussed in the context of limbic neuroanatomical structures.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215
Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240
Spaces Available: 80 | **Code:** C8031

Understanding and Treating Narcissistic Personality Disorder

Topic: Personality Disorders

Director: Frank E. Yeomans, M.D.

Course Code: C8035

Educational Objectives: 1) Recognize and appreciate the range of narcissistic pathology; 2) Understand the pathological grandiose self and its role as the psychological structure that underlies narcissistic personality disorder; 3) Understand treatment techniques that address narcissistic resistances and help engage the patient in therapy; 4) Understand treatment techniques that help patient and therapist work with the anxieties beneath the grandiose self; and 5) Work with the typical attachment styles of narcissistic patients

Description: Narcissistic disorders are prevalent and can be among the most difficult clinical problems to treat. Narcissistic patients tend to cling to a system of thought that interferes with establishing relations and successfully integrating into the world. Furthermore, these patients can engender powerful countertransference feelings of being incompetent, bored, disparaged, and dismissed or, at the other extreme, massively and unnervingly idealized. This course will present a framework for conceptualizing, identifying and treating individuals diagnosed with narcissistic personality disorder (NPD) or with significant narcissistic features. Narcissism encompasses normative strivings for perfection,

mastery and wholeness, as well as pathological and defensive distortions of these strivings. Such pathological distortions may present overtly in the form of grandiosity, exploitation of others, retreat to omnipotence, or denial of dependency or covertly in the form of self-effacement, inhibition and chronic, extreme narcissistic vulnerability. Adding to the difficulties in diagnosing and treating narcissistic disorders is the fact that they can manifest themselves in multiple presentations depending on the level of personality organization, subtype or activated mental state. In this course, we will review the levels of narcissistic pathology. We will discuss a specific theoretical and clinical formulation of narcissism and a manualized psychodynamic psychotherapy, transference-focused psychotherapy (TFP), that has been modified to treat patients with narcissistic disorders. We will review therapeutic modifications that can help clinicians connect with and treat patients with narcissistic pathology at different levels.

1:00 p.m. – 5:00 p.m. | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | **Advance:** \$190 | **Onsite:** \$215
Nonmember Early Bird: \$195 | **Advance:** \$215 | **Onsite:** \$240
Spaces Available: 125 | **Code:** C8035

Conversion Disorder: Update on Evaluation and Management

Topic: Practice Management

Director: Gaston Baslet, M.D.

Course Code: C9001

Educational Objectives: 1) Perform a clinical evaluation of patients with conversion disorder in collaboration with a neurologist and communicate the diagnosis in a way that reinforces engagement in treatment; 2) Recommend, seek advice on or execute the most appropriate treatment plan based on the current evidence from medical literature; and 3) Understand the complexity and heterogeneity of this population and recognize various modifiable risk factors that should be considered targets for treatment

Description: Conversion disorder (also named functional neurological symptom disorder in the DSM-5) is diagnosed in a sizable proportion of patients seen in neurological practice. Treatment as usual involves referral to a mental health professional, including psychiatrists. During the last decade, there has been increased interest in the development of treatment options for this disorder, yet clear guidelines for the management of this complex population do not exist. This course will review the role of the psychiatrist during the diagnosis and management of patients with conversion disorder. We will provide an overview of our current understanding of the risk factors and pathogenic models of this disorder. These include biological and psychosocial etiologic factors. The course will focus on practical interventions, including guidelines for a comprehensive initial psychiatric evaluation. The effective communication of the diagnosis to patients, families and collaborating providers is crucial. We will discuss the different stages of treatment, including engagement, evidence-based short-term interventions and strategies for

Course Listings

the long-term treatment of patients suffering from conversion disorders. The course will emphasize how to collaborate with the multitude of disciplines involved in the care of these patients. This will be facilitated by including speakers from neurology and neuropsychiatry who possess a wealth of clinical experience in the evaluation and treatment of these patients. We will present illustrative cases showcasing the complexity and heterogeneity of patients with conversion disorder.

8:00 a.m. – Noon | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | Advance: \$190 | Onsite: \$215

Nonmember Early Bird: \$195 | Advance: \$215 | Onsite: \$240

Spaces Available: 125 | Code: C9001

ECT Practice Update for the General Psychiatrist

Topic: Substance Use Disorders

Director: Peter Rosenquist

Course Code: C9002

Educational Objectives: 1) Consider the indications and risk factors for ECT and estimate likely outcomes based upon patient characteristics; 2) Define the physiological and neurocognitive effects of ECT as they relate to specific and potentially high-risk patient populations; 3) Review the evidence related to ECT stimulus characteristics and summarize the differences between brief and ultra-brief pulse width stimuli; and 4) Define strategies for optimizing treatment outcomes during the ECT course and maintaining remission over time

Description: This course is designed to appeal to general psychiatrists and other health care providers who are involved in providing ECT or referring patients for ECT. The five faculty of this course are intimately involved with both research and the administration of ECT on a regular basis. The focus of the activity will be to provide an up-to-date discussion of the current practice of ECT, but this is not intended as a “hands-on” course to learn the technique of ECT. The presentations and discussions will include a review of the psychiatric consultation for ECT beginning with the indications, ECT stimulus dosing, caveats for use of ECT in special patient populations, anesthesia options, potential side effects from ECT, and concurrent use of psychotropic and non-psychotropic medications. The course also includes a practical introduction to the decision making process, guiding the choice of techniques including electrode placement, stimulus dosage and parameter selection,

as well as relapse prevention strategies. Also included will be an update on current theories of mechanism of action and the status of efforts to modify the classification of ECT by the FDA. Any practitioner who has involvement with ECT, either in administration of the procedure or in the referral of patients for ECT, should consider attending this course.

1:00 p.m. – 5:00 p.m. | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | Advance: \$190 | Onsite: \$215

Nonmember Early Bird: \$195 | Advance: \$215 | Onsite: \$240

Spaces Available: 96 | Code: C9002

Exploring Technologies in Psychiatry

Topic: Technology (EHR, Telepsychiatry, Apps)

Director: John Luo, M.D.

Course Code: C9004

Educational Objectives: 1) Review the various current and emerging technologies and connections that are possible in psychiatry and medicine; 2) Evaluate emerging technologies and how they impact clinical practice today and tomorrow; and 3) Recognize the pros and cons of electronic physician-patient communication

Description: This is a newly revised course that addresses the important aspects of managing information and technology that has become an integral component of the practice of psychiatry and medicine. Finding ways to make technology work both as a means of communication and as a way of keeping up to date on current changes in the field is an important goal. Whether it is collaborating with a colleague over the Internet, using a teleconferencing system, participating in a social network about a career resource, using a smartphone or tablet to connect via email, obtaining critical drug information at the point of care, or evaluating the impact of various treatments in health care management, there are many ways and reasons to connect.

1:00 p.m. – 5:00 p.m. | 4 Hours

San Diego Convention Center

Member Early Bird: \$170 | Advance: \$190 | Onsite: \$215

Nonmember Early Bird: \$195 | Advance: \$215 | Onsite: \$240

Spaces Available: 124 | Code: C9004

Course Listings

Treatment of Schizophrenia

Topic: Schizophrenia Spectrum and Other Psychotic Disorders

Director: Philip Janicak

Course Code: C9007

Educational Objectives: 1) Appreciate the growing emphasis on early recognition and interventions to favorably alter the prognosis of high-risk individuals; 2) Describe the clinically relevant pharmacological aspects of first- and second-generation antipsychotics, as well as novel therapies; 3) Better understand the efficacy, safety and tolerability of antipsychotics when used for acute and long-term management of schizophrenia; and 4) Describe recent approaches to integrating medication strategies with psychosocial and rehabilitation programs

Description: The treatment of schizophrenia and related psychotic disorders is rapidly evolving, with 12 second-generation antipsychotics now available in various formulations (i.e., clozapine, risperidone, olanzapine, quetiapine, ziprasidone,

aripiprazole, iloperidone, paliperidone, asenapine, lurasidone, brexpiprazole, and cariprazine). Further, there is a growing focus on early identification (e.g., high-risk individuals) and appropriate interventions to favorably alter one's long-term prognosis. The relative effectiveness of antipsychotics is also an important issue (e.g., the CATIE and CUTLASS trials) and continues to be clarified. Increasingly, novel pharmacological and nonpharmacological strategies are being tested to improve cognition, mood and negative symptoms, as well as safety and tolerability. The integration of cognitive therapeutic approaches, psychosocial interventions and rehabilitation programs with medication is critical to improving long-term outcomes (e.g., recovery).

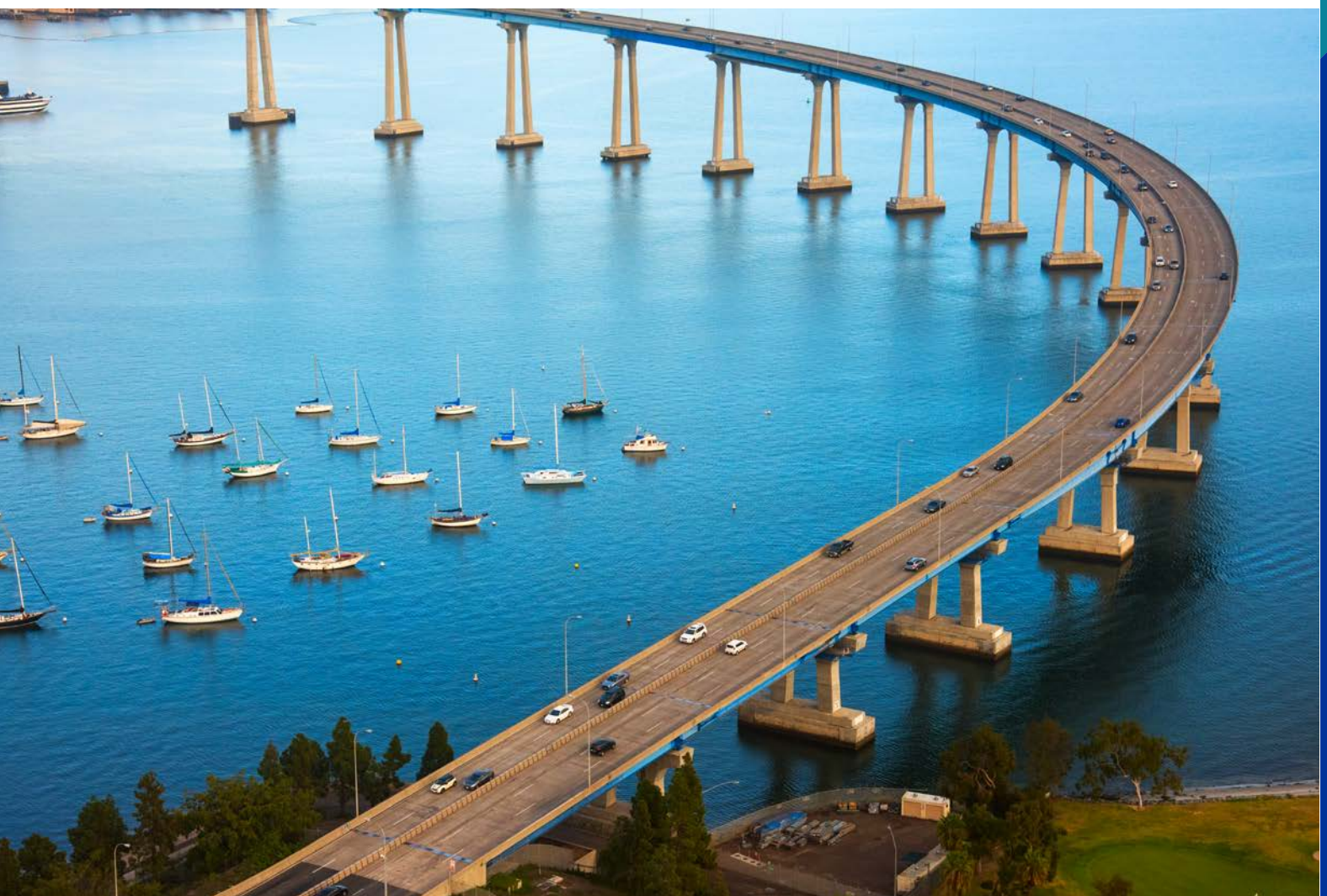
8:00 a.m. – 3:00 p.m. | 6 Hours

San Diego Convention Center

Member Early Bird: \$230 | **Advance:** \$265 | **Onsite:** \$300

Nonmember Early Bird: \$280 | **Advance:** \$315 | **Onsite:** \$365

Spaces Available: 96 | **Code:** C9007



Special Sessions



William C. Menninger Memorial Convocation Lecture Following the Convocation of Distinguished Fellows

**Monday, May 22, 2017, 5:30 p.m. - 6:30 p.m.
San Diego Convention Center**

Elizabeth Vargas

As an award-winning anchor and correspondent, Elizabeth Vargas has traveled the world covering breaking news stories, reporting in-depth investigations and conducting newsmaker interviews. Currently the co-anchor of ABC's 20/20 with David Muir, Vargas was credited by The New York Times for reinvigorating the newsmagazine format with her "intellectually brave" reporting.

During the historic Iraqi elections in December 2005, she reported extensively for World News Tonight from Baghdad on both civilian life in Iraq and American military involvement there. She has interviewed leaders from around the world, including President Bush from the oval office in the White House. Vargas has also anchored ABC News coverage of live, breaking news stories, including the deaths of President Ronald Reagan and John F. Kennedy, Jr., and Hurricane Katrina's devastation from the U.S. Gulf Coast. Vargas won an Emmy in 2000 for Outstanding Instant Coverage of a News Story for anchoring live coverage of the Elian Gonzalez case.

Vargas has also interviewed a wide range of celebrities, from actors and musicians to business leaders and authors, including Ellen DeGeneres, Jeff Skoll, Sheryl Crow, Madonna, Johnny Depp, Hugh Hefner, Jessica Simpson, Mick Jagger, Drew Barrymore, Dan Brown, Alanis Morissette, and Cat Stevens.

In September 2016, Vargas's memoir *Between Breaths: A Memoir of Panic and Addiction* was released by Grand Central Publishing. The book details her struggles with anxiety and alcohol and tells a powerful story of healing and coping. A special episode of 20/20 aired in conjunction with the book's release, in which Vargas and Diane Sawyer discussed Vargas' experiences, reported on the link between anxiety and alcohol abuse, and interviewed both addiction experts and people recovering from addiction.

With her signature candor and insight, Elizabeth Vargas gives audiences a behind-the-scenes look at today's live news reporting and ever-evolving media. She shares her experiences breaking some of the biggest stories and reporting from the front lines around the world, from Hurricane Katrina to the war in Iraq to the crisis in Beslan, Russia, and back to the White House. Vargas also bravely discusses how alcoholism has affected her life and career and why she chose to publicly share her struggle with the disease and her ongoing recovery.

Special Sessions



A Special Session With Vice Admiral Raquel Bono

Raquel C. Bono

Vice Admiral Raquel C. Bono is director of the Defense Health Agency (DHA), Defense Health Headquarters, Falls Church, VA. She leads a joint, integrated combat support agency enabling the Army, Navy, Air Force, and Marine Corps medical services to provide a medically ready force and ready medical force to combatant commands in both peacetime and wartime. In support of an integrated, affordable and high quality military health service, the DHA directs the execution of ten joint shared services to include the health plan (TRICARE), pharmacy, health information technology, research and acquisition, education and training, public health, medical logistics, facility management, budget resource management, and contracting. The DHA administers the TRICARE Health Plan, providing worldwide medical, dental and pharmacy programs to more than 9.4 million uniformed service members, retirees and their families.

Commissioned in June 1979, Vice Admiral Bono obtained her baccalaureate degree from the University of Texas at Austin and attended medical school at Texas Tech University. She completed a surgical internship and a general surgery residency at Naval Medical Center Portsmouth and a trauma and critical care fellowship at the Eastern Virginia Graduate School of Medicine in Norfolk. Shortly after training, Bono saw duty in Operations Desert Shield and Desert Storm as head, casualty receiving, Fleet Hospital Five, in Saudi Arabia from August 1990 to March 1991. Upon returning, she was stationed at Naval Medical Center Portsmouth as a surgeon in the General Surgery department, surgical intensivist in the Medical/Surgical Intensive Care Unit, and attending surgeon at the Burn Trauma Unit at Sentara Norfolk General Hospital. Her various appointed duties included division head of Trauma, head of the Ambulatory Procedures Department (APD), chair of the Laboratory Animal Care and Use Committee, assistant head of the Clinical Investigations and Research department, chair of the Medical Records Committee, and command intern coordinator. She has also served as the specialty leader for Intern Matters to the Surgeon General of the Navy. In September 1999, she was assigned as the director of Restorative Care at the National Naval Medical Center in Bethesda, Maryland, followed by assignment to the Bureau of Medicine and Surgery from September 2001 to December 2002 as the Medical Corps career planning officer for the chief of the Medical Corps. She returned to the National Naval Medical Center in January 2003 as director for Medical-Surgical Services. From August 2004 through August 2005, she served as the executive assistant to the 35th Navy Surgeon General and chief, Bureau of Medicine and Surgery. Following that, she reported to Naval Hospital Jacksonville, Florida, as the commanding officer from August 2005 to August 2008. She then served as the chief of staff, deputy director, TRICARE Management Activity (TMA) of the Office of the Assistant Secretary of Defense, Health Affairs (OASD(HA)) from September 2008 to June 2010. She later served as deputy director, Medical Resources, Plans and Policy (N093), chief of Naval Operations. From November 2011 to June 2013, she served as the command surgeon, U.S. Pacific Command, Camp H.M. Smith, Hawaii. From July 2013 to September 2013, she served as acting commander, Joint Task Force National Capital Region Medical. From September 2013 to October 2015, she served as director, National Capital Region Medical Directorate of the Defense Health Agency, and as the 11th Chief, Navy Medical Corps. She currently serves as director, Defense Health Agency. In addition to being a diplomat of the American Board of Surgery, Bono is a fellow of the American College of Surgeons and has an executive MBA from the Carson College of Business at Washington State University. Her personal decorations include Defense Superior Service Medal (three), Legion of Merit Medal (four), Meritorious Service Medal (two), and the Navy and Marine Corps Commendation Medal (two).

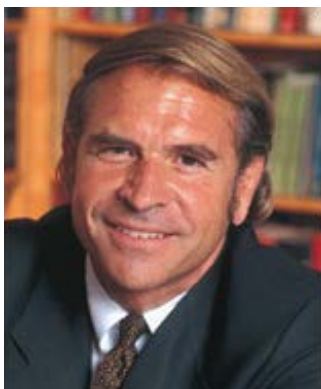
Scientific Program Lecturers



Melissa Arbuckle, M.D., Ph.D., is vice chair for education and director of residency training in psychiatry at the Columbia University Medical Center. Her work in medical education has focused on implementation and dissemination and translating research to practice. As co-chair of the National Neuroscience Curriculum Initiative (NNCI), Dr. Arbuckle has been developing new approaches and resources for training psychiatrists to integrate a modern neuroscience perspective into their clinical work.



Chef David Bouley studied at the Sorbonne and worked with some of Europe's most acclaimed chefs, including Roger Vergé, Paul Bocuse, Joel Robuchon, Gaston Lenôtre, and Frédy Girardet. Chef Bouley has studied intensively the health benefits of Japanese cuisine and culture. He has seen tremendous success infusing Japanese cuisine in French technique. His desire to inspire everyone to have a living pantry in their own home solidifies his dedication to the art of dining. In his illustrious over-30-year career, Chef Bouley has cooked for everyone from kings and queens to the average Joe, and each and every person has left his dining room or event having had a meal they remember for the rest of their lives.



Dwight L. Evans, M.D., is the Roehrhoff Rickels Professor of Psychiatry and professor of psychiatry, medicine, and neuroscience at the Perelman School of Medicine of the University of Pennsylvania. He is director of the Penn Mental Health AIDS Research Center and the former Ruth Meltzer Professor, chair of the Department of Psychiatry at the Perelman School of Medicine and psychiatrist-in-chief for the University of Pennsylvania Health System. He has focused his research on the medical aspects of psychiatry and the psychiatric aspects of medicine and has investigated how stress and depression affect the human body, specifically the immune system. His translational research focuses on the mechanistic role of serotonin, glucocorticoid and neuropeptide pathways on neuroimmune function in mood disorders and medical illness.

Scientific Program Lecturers (continued)



Lee Goldman is Harold and Margaret Hatch Professor, dean of health sciences and medicine, and chief executive of Columbia University Medical Center. He developed the “Goldman Index” of cardiac risk for noncardiac surgery and the “Goldman Criteria” to triage patients with chest pain and co-developed the hospitalist model. He is a member of the National Academy of Medicine, editor of Goldman-Cecil Medicine and author of *Too Much of a Good Thing: How Four Key Survival Traits Are Now Killing Us*.



Dr. Ezra Griffith, M.D., is professor emeritus of psychiatry and African-American studies at the Yale School of Medicine. He received his medical degree from University Louis Pasteur, Strasbourg, France, in 1973. His special areas of focus include forensic psychiatry and psychiatry law. His book *Race and Excellence: My Dialog With Chester Pierce*, co-written with Chester Pierce, was published in 1998 after following Dr. Pierce’s career for many years. Dr. Griffith has been an APA member for over 40 years and is the chair of the APA Ethics Committee.



Richard Kogan has a distinguished career as both a psychiatrist and a concert pianist. Clinical professor of psychiatry at Weill Cornell Medical College, artistic director of the Weill Cornell Music and Medicine Program and co-director of the Weill Cornell Human Sexuality Program, he has been praised for his “eloquent, compelling and exquisite playing” by *The New York Times*, and *The Boston Globe* wrote that “Kogan has somehow managed to excel at the world’s two most demanding professions.” Dr. Kogan is a graduate of the Juilliard School of Music Pre-College, Harvard College and Harvard Medical School. He completed a psychiatric residency and academic psychiatry fellowship at NYU. He has a private practice of psychiatry in New York City.

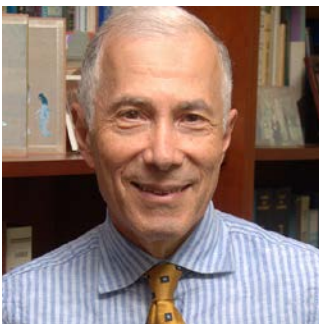


Dr. George F. Koob is an internationally recognized expert on alcohol and stress and the neurobiology of alcohol and drug addiction. He has been director of the National Institute on Alcohol Abuse and Alcoholism (NIAAA) since 2014. Dr. Koob began his career studying the neurobiology of emotion, particularly how the brain processes reward and stress. His contributions advanced our understanding of the anatomical connections of emotional systems and the neurochemistry of emotional function.

Scientific Program Lecturers (continued)



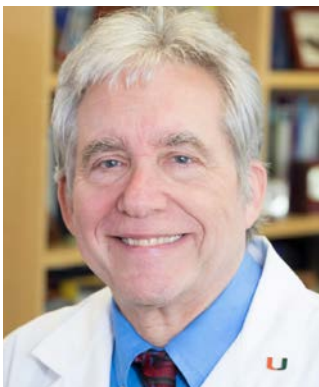
Erkki T. Isometsä, M.D., Ph.D., is Professor of Psychiatry at the University of Helsinki, Finland. He started his research career in the National Suicide Prevention Project in Finland. Since then, he has worked on numerous studies focusing on risk factors for suicidal behavior and clinical epidemiology of unipolar and bipolar mood disorders. Current work is focusing also on neurocognition and emotional processing, experience sampling and digital phenotyping of mood disorders and suicidal behavior.



J. John Mann is The Paul Janssen Professor of Translational Neuroscience (in psychiatry and in radiology) at Columbia University and director of the Molecular Imaging and Neuropathology Division in the Department of Psychiatry at New York State Psychiatric Institute. He is past president of the Society of Biological Psychiatry, the International Academy of Suicide Research and the American Foundation for Suicide Prevention. He employs functional brain imaging, neurochemistry and molecular genetics to probe the causes of depression and suicide and has published over 600 peer-reviewed papers and edited 11 books. He treats mood disorders in private practice.



Konrad Michel, M.D., is a clinical psychiatrist affiliated with the University of Bern and has devoted a major part of his research and clinical activities to suicide and suicide prevention. In his work, he developed a special interest in the ability of the clinician to prevent suicide. His first study on this topic dealt with suicide risk factors and was published in the *British Journal of Psychiatry*. Konrad Michel is a member of the International Academy of Suicide Research and the International Association of Suicide Prevention (IASP). He was a principle researcher for the WHO/EURO Multicenter Study on Suicide and Suicidal Behaviour. He is chairman of the multidisciplinary Swiss working group on suicide and suicide prevention (Ipsilon Suicide Research Group). He divides his working time between the University Hospital of Psychiatry in Bern and his private practice in Thun.



Charles B. Nemeroff, M.D., Ph.D., is the Leonard M. Miller Professor, chairman of the Department of Psychiatry and Behavioral Sciences and clinical director of the Center on Aging at the University of Miami Miller School of Medicine in Miami, Florida. He received his MD and PhD (Neurobiology) from the University of North Carolina (UNC) School of Medicine in Chapel Hill, North Carolina. He has received a number of research and education awards, including the Kempf Award in Psychobiology, the Samuel Hibbs Award, the Research Mentoring Award, the Judson Marmor Award, and the Vestermark Award from the American Psychiatric Association (APA); the Mood Disorders Award, the Bowis Award and the Dean Award from the ACP; and the Julius Axelrod Award for mentoring from the ACNP. He was elected to the Institute of Medicine (now the National Academy of Medicine) of the National Academy of Sciences in 2002. His research is currently supported by grants from the NIH.

Scientific Program Lecturers (continued)



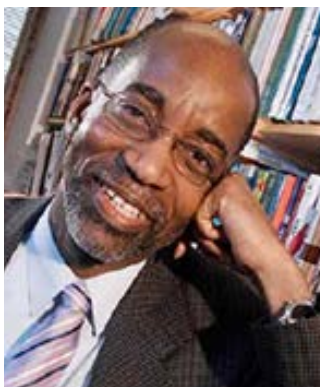
Dr. Maryland Pao, M.D., is the clinical director and deputy scientific director of the National Institutes of Health Intramural Research Program at the National Institutes of Health. She serves as chief of the Psychiatry Consultation Liaison Service in the Hatfield Clinical Research Center. Her core research interests are in the complex interactions between medical and psychiatric symptoms in pediatric oncology, pediatric HIV and other primary immunodeficiencies and in the impact of these diseases on a person's development. She studies distress and its correlates in medically ill children, including suicidal thoughts and behaviors.



Rajita Sinha, Ph.D., is the Foundations Fund Endowed Professor in Psychiatry and Neuroscience at the Yale University School of Medicine. She is a clinical psychologist and neuroscientist, chief of the psychology section in psychiatry, and co-director of education for the Yale Center for Clinical Investigation. She is the founding director of the Yale Interdisciplinary Stress Center, which focuses on stress and self-control mechanisms that promote neuropsychiatric diseases.



Prof. Gil Zalsman, M.D., M.H.A., graduated from the Hebrew University and Hadassah Medical School in Jerusalem, Israel. He completed his psychiatry residency at the Geha Mental Health Center and Tel Aviv University and the child psychiatry residency at Geha and Yale Child Study Center at Yale University. His academic research focuses on gene-environment interactions in childhood depression and suicidal behavior and other psychiatric disorders in adolescence. Currently he is the CEO and medical director of Geha Mental Health Center near Tel Aviv.



David R. Williams is the Florence Sprague Norman and Laura Smart Norman Professor of Public Health at the Harvard School of Public Health and Professor of African and African American Studies and of Sociology at Harvard University. He is internationally recognized as a leading social scientist focused on social influences on health. His research has enhanced our understanding of the complex ways in which race, racism, socioeconomic status, stress, health behaviors, and religious involvement can affect physical and mental health.

Frequently Asked Questions

REGISTRATION

Q: What's included in my registration fee?

A: Admission to approximately 450 scientific sessions with the opportunity to earn CME credits, admission into the Exhibit Hall, and a registration badge with access to shuttle bus services from official meeting hotels to the San Diego Convention Center. Additional fee required for courses (see page 63 for course fees).

Q: Are meals included at the Annual Meeting?

A: No, attendees can purchase food from vendors inside of the Exhibit Hall during exhibit days/hours or by visiting concession outlets inside the San Diego Convention Center.

Q: Is advanced registration required?

A: On-site registration is available, however at a significantly higher fee. Register early to receive the deeply discounted early bird rate. If you [register online](#), you will avoid the additional fee associated with fax or mail registration.

Q: Can I bring a spouse/significant other?

A: As an exclusive APA member benefit, members can register a spouse/significant other at a discounted rate. Registration fees range from \$230–\$295 depending on when and how you register. This category is designated for spouse/significant other who lives in the same household, **is not an APA member** and receives mail at the same address. This cannot be used for a colleague, an APA member, siblings or children. Only one additional registration is allowed per full-program registrant. Identification will be checked on site. A spouse/significant other registration includes admission into the Exhibit Hall, admission to all sessions (except those for Members Only) with the opportunity to earn CME credits and a registration badge with access to the shuttle bus service. If you are not an APA member and wish to register a spouse/significant other, you

will be required to pay the appropriate nonmember registration fee. You should consider joining APA to receive a significantly reduced registration for yourself and your spouse/significant other.

Q: Why am I receiving nonmember rate information when I register even though I am an APA member?

A: We do apologize for the inconvenience. Please contact the Membership Department at 703-907-7300 to verify your membership status. If you have become a member or renewed your membership within 24 hours of attempting to register, please note that the online system takes up to 48 hours to reset and include your information.

Q: How do I cancel my registration?

A: All registration and/or course cancellation requests must be received in writing by **May 4, 2017**, (see dates below for refund schedule) by the APA office via fax, 703-907-1097, or email at registration@psych.org. A confirmation will be sent once the request has been processed. Refund policy and cancellation fees are as follows:

Until March 16, 2017: Full refund

March 17 - May 4, 2017: Refund less cancellation fee equal to 25% of total amount paid

May 5, 2017 and beyond: No refunds

Refunds for eligible cancellations will be refunded in the manner the payment was received.

Q: I can no longer attend; can I send a replacement?

A: Yes, please request a change request form by emailing registration@psych.org.

Q: How can I correct my badge and contact information?

A: Corrections to contact or badge information should be emailed to registration@psych.org.

Frequently Asked Questions

Q: How can I obtain a receipt?

A: Visit the online [Attendee Service Center](#) to print a receipt.

CONTINUING EDUCATION

Q: How many CME credits are available?

A: The Annual Meeting offers a maximum of 40 CME credits. Preliminary program information will be available in February 2017.

Q: How do I get a CME Credit/Certificate of Attendance?

A: The APA General Evaluation will be available on site and online at psychiatry.org/annualmeetingcme during and after the meeting. The online format incorporates the capability to print a personalized Certificate of Credit for physicians or Certificate of Attendance for nonphysicians. To receive a CME or participation certificate you must claim credit by August 24, 2017. Certificates will not be issued past that date. If you need additional information, contact the Education Department at eduCME@psych.org.

SCIENTIFIC PROGRAM AND COURSES

Q: Can I exchange one course ticket for another course ticket with the same price?

A: To make this exchange prior to the meeting, email registration@psych.org to request the change. During the meeting, visit the Registration Area in the San Diego Convention Center to make the change. The exchange can be made only if space is available.

Q: Can I buy materials for courses I could not attend?

A: No. Only course attendees will receive the materials.

Q: How can I get a copy of a presenter's paper?

A: Abstracts will be available in the *Syllabus and Proceedings* in May 2017 online at psychiatry.org/annualmeeting or in your virtual registration bag. Presentation slides for select sessions will be available through the APA Meetings App.

HOUSING AND TRAVEL FAQs

As an APA member benefit, APA members will have an exclusive opportunity to register for the APA's 2017 Annual Meeting in San Diego and reserve their hotel between **December 1 - 14**. You will save money too by taking advantage of the early bird registration rates. To register, go to psychiatry.org/annualmeeting. You will need your log-in information to receive member rates. If you do not have this information, call 703-907-7300. To receive your first-choice hotel, reserve your hotel through the APA's Annual Meeting website or call onPeak, the official APA housing company, toll free at 855-992-3353 or 312-527-7300. onPeak is the only company authorized to take hotel reservations for the APA's official hotels

Don't delay! Register today and take advantage of your discounted member rate to attend the premier psychiatric meeting of the year!

Q: How do I secure hotel reservations?

A: To reserve a room online, go to psychiatry.org/annualmeeting and click on the housing link. You may also reserve by telephone by calling onPeak. The housing instructions are located on page 51.

onPeak
381 Park Ave. South, 3rd Floor
New York, NY 10016
855-992-3353 or 312-527-7300

Q: How can I change my hotel onsite?

A: Visit onPeak's housing desk at the San Diego Convention Center, Lobby C, Ground Level.

Q: Does the APA offer any travel discounts?

A: A variety of travel discounts, including air and train discounts, are available through the official APA travel company, ATC Travel Management. See page 43 for specific discounts.

ATC Travel Management
800-458-9383
ATCtravel@psych.org

Frequently Asked Questions

Q: Can the APA write an invitation letter for my visa?

A: Invitation letters can be obtained by visiting the online [Attendee Service Center](#). Invitation letters will be issued to registered attendees only.

MEMBERSHIP

APA Membership Office Department

888-35-PSYCH or 703-907-7300

membership@psych.org

Q: Can I become a member before the meeting and pay the member registration rate?

A: Yes, by becoming an APA member you and your spouse/significant other are able to register at a significantly reduced rate. Please note the deadlines below.

To receive the **Early Bird Registration rate:**
Applications must be submitted by January 9, 2017.

To receive the **Advance Registration rate:**
Applications must be submitted by March 27, 2017.

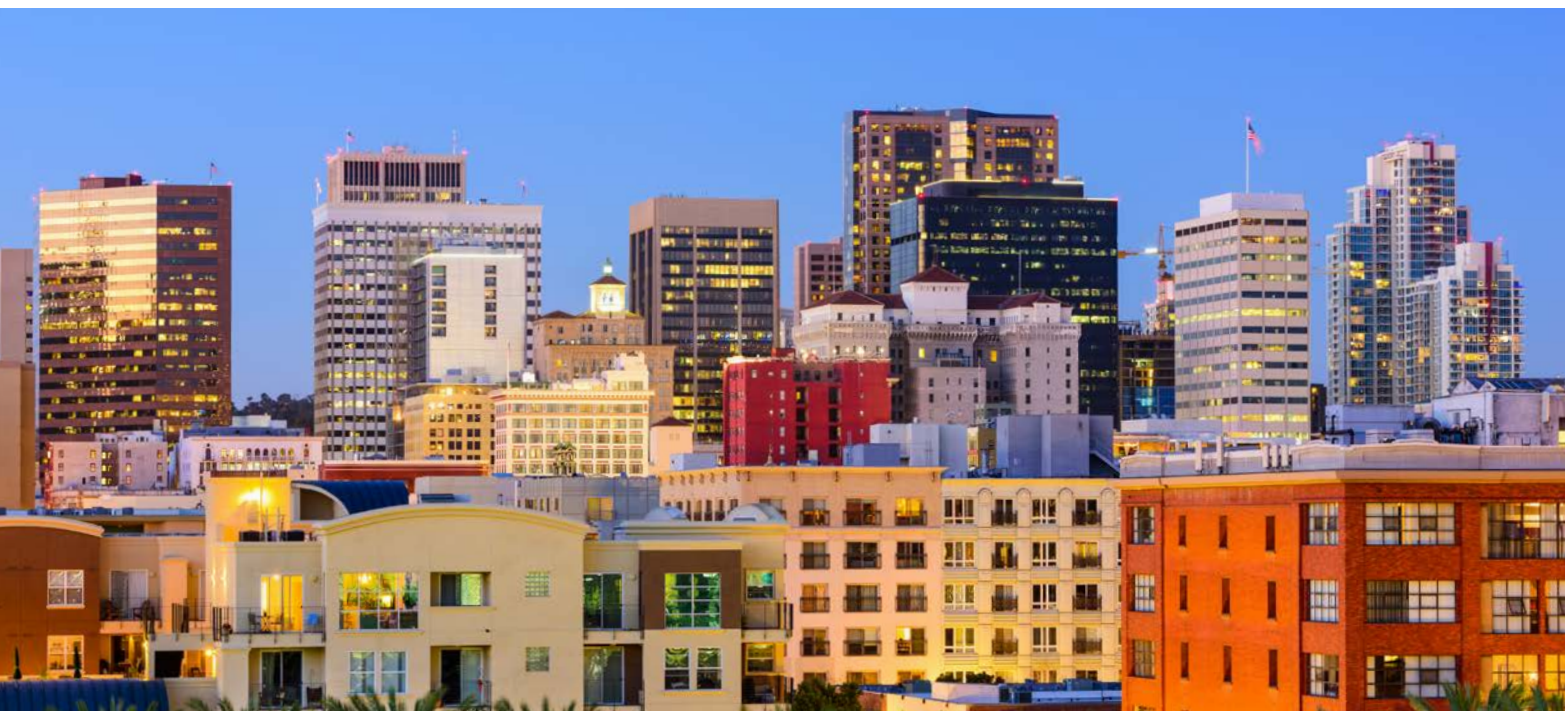
Nonmembers or reinstating members please select a membership category and **complete a membership application** at psychiatry.org. Fax the registration form and membership application to 703-907-1097. You will be notified once the application is received and the review process begins. Your

member fee registration will be held in a pending file until your application for membership is approved and member dues are paid. You will be notified by the Annual Meeting registration department if your member fee registration cannot be honored, requiring you to pay the nonmember registration fee. Incomplete or pending applications will not qualify for member rates but will be automatically considered for the APA Annual Meeting rebate program (see below for details).

Q: What is the APA Annual Meeting rebate program, and how do I qualify?

A: The APA Annual Meeting rebate program is for nonmembers or former members of the APA who paid the nonmember full program rate to attend the Annual Meeting and who qualify for general, resident-fellow or international membership in the APA. Visit APA Central in the Exhibit Hall or APA Membership Desk in the registration area for rebate program details.

We encourage you to apply for [APA membership](#) online before registering for the Annual Meeting to take advantage of the member discounted rate (up to \$620 value), as well as the many [membership benefits](#) that the APA has to offer.



APA Art Association Exhibit

The APA Art Association hosts an art exhibit at the Annual Meeting each year, offering APA members and significant others an opportunity to display their original artwork. The categories are: ceramics, fiber, computer art, crafts, graphics, jewelry, poetry, painting mixed, painting oil, painting water-based, black-and-white or color photography, and sculpture.

APA Art Association Exhibit

San Diego Convention Center
Exhibit Halls A-C, Ground Level

Sunday, May 21	10:00 a.m. – 4:00 p.m.
Monday, May 22	10:00 a.m. – 5:00 p.m.
Tuesday, May 23*	10:00 a.m. – 12:00 p.m. 1:00 p.m. – 2:00 p.m.

The APA Art Association exhibit will be open to all APA meeting registrants. Visitors to the exhibit will be able to vote for their favorite works. *Judging will end on Monday, May 22, at 5:00 p.m..* **All exhibitors are asked to sign up for a two-hour period to help host the exhibit while it is open to the public.**

**The exhibit will be closed Tuesday, 12:00 p.m. – 1:00 p.m. for the APA Art Association Annual Meeting (members only).*

APA Art Association Awards and Reception

APA Art Association Exhibit Area

Tuesday, May 23	1:00 p.m. – 2:00 p.m.
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Ribbon awards will be presented and there will be a reception for artists and meeting registrants.

How to Exhibit

To exhibit artwork at the 2017 Annual Meeting, submit the application on the next page and art association dues by April 28, 2017.

The exhibit is open to APA members and their significant others. For further information or to submit your entries and dues, contact:

Alberto Serrano, M.D.
Treasurer, APA Art Association
20726 Stone Oak Parkway Suit 101
San Antonio, TX 78258

Entries Accepted from December 5, 2016 – April 28, 2017

Entries arriving after April 22, 2017, may still be exhibited, but may not be listed on the exhibit ballot.

Exhibit Set-Up

APA Art Association Exhibit Area

Saturday, May 20	12:00 p.m. – 3:00 p.m.
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Entries are to be brought to the APA Art Association exhibit area between 12:00 p.m. and 3:00 p.m. on Saturday, May 20. Each artist is responsible for transporting, displaying, and picking up his/her work. Hanging hooks and tables will be provided. All pieces must be ready for display: framed, wired, and glassed. The exhibit coordinator will coordinate the display of artwork. The APA Art Association does not assume any liability for the artwork.

Exhibit Closing

APA Art Association Exhibit Area

Tuesday, May 23	2:00 p.m. – 3:00 p.m.
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Exhibitors are responsible for picking up artwork from the exhibit area. Please do not remove your entry prior to 2:00 p.m. on Monday, May 22.

This information is tentative and subject to change.

APA Art Association Exhibit (continued)

About the APA Art Association

The APA Art Association was founded by the late Norman R. Schulack in 1969 in Miami, FL. The APA Art Association offers the chance to set free and enfranchise the dormant artist within each and every one of us. A vast world of imagery and ability to reach beyond arbitrary barriers and a whole new set of human values await those willing to leap. Beware, however, that once

the hurdle is behind, it is essential to be neither timid nor alarmed (though some may be startled) at the extent of the liberated artist's domain. Membership in the APA Art Association is open to all members of the APA, their spouses or significant others (we define "significant others" as spouse-like partners).

APA ART ASSOCIATION MEMBERSHIP APPLICATION

**Make two copies of this entry form for each submission.
Send one copy with payment, and attach the other to the back of your art.**

Dues and patron dues are \$30, which includes the cost of exhibiting up to two pieces of art at the Annual Meeting; additional pieces are \$5 each, maximum of six pieces.

Enclosed is a check in the amount of

\$ _____
made payable to the APA Art Association

Mail completed form and payment to:

Alberto Serrano, M.D.
Treasurer, APA Art Association
20726 Stone Oak Parkway Suite 101
San Antonio, TX 78258

Name: _____

Street: _____

City: _____ State/Province: _____ ZIP/Postal code: _____

Telephone: _____

Are you and APA Member: Yes No Spouse/Significant Other: Yes No

Art Title: _____

Size: _____ Date Produced or Copyrighted: _____

Signature (required): _____

Please Check Art Category

- | | | | | | |
|---------------------------------------|---------------------------------------|---------------------------------|---|--|---------------------------------------|
| <input type="checkbox"/> Computer Art | <input type="checkbox"/> Ceramic | <input type="checkbox"/> Crafts | <input type="checkbox"/> Painting Water-Based | <input type="checkbox"/> Painting Mixed | <input type="checkbox"/> Painting Oil |
| <input type="checkbox"/> Graphics | <input type="checkbox"/> Poetry | <input type="checkbox"/> Fiber | <input type="checkbox"/> Photography B&W | <input type="checkbox"/> Photography Color | <input type="checkbox"/> Sculpture |
| <input type="checkbox"/> Jewelry | <input type="checkbox"/> Other: _____ | | | | |

General Travel Information

Fare Quotes And Tickets

Online service fee **\$19.00**

www.atcmeetings.com/apapsych

Discounts And Services

Up to 5% off applicable classes of service for tickets purchased prior to the meeting.

For Delta Airlines, go to www.delta.com/meetings and enter **NMPCF** in the “Meeting Event Code” field. Service fees apply.

For United Airlines, go to www.united.com or call United Reservations Meetings Desk at 800-426-1122 and provide the Z Code **ZXSN** and Agreement Code **920157**.

For all tickets issued through United Meetings Reservations Desk, there will be a booking service fee per ticket collected. This fee is subject to change without notice. Such service fee is nonrefundable and applies to all itineraries, one-way or round-trip.

Online Travel Center: Association Endorsed

www.atcmeetings.com/apapsych

The ATC Travel Center is your one stop for making reservations to association meetings and adding additional excitement to your travel plans.

- Airline discounts
- Car discounts
- Tours and sightseeing
- Travel tools
- Low fare search options

*The above discounts apply for travel **May 17-27, 2017, (SAN)**. Restrictions apply. Service fees apply to ticketed reservations.*

You may also call your own agency or the vendors directly and refer to the following ID numbers:

Delta	NMPCF	800-328-1111
United	ZXSN- 920157	800-426-1122
Hertz Rentals	CV#031C0022	800-654-2240
Enterprise	32H7476	800-593-0505
Dollar Rentals	CM0679	800-800-3665



Getting Around San Diego

Whether you're flying or driving into San Diego, transportation options are limitless. San Diego is one of the most accessible places in the nation, and getting around is just as easy as having fun.

The San Diego International Airport is ideally located three miles from downtown San Diego and 10 minutes from the San Diego Convention Center. All major airlines, and many other domestic and international carriers, provide daily service to the airport and bring more than 18 million visitors to America's Finest City.

A special website for those attending the 2017 Annual Meeting has been setup to assist you in getting around San Diego. Complete details are available at <https://meetmeinsandiego.com/apa2017>.

Transportation options to get to and from the airport to downtown include:

Shuttle Bus and Van Services

Shuttle vans and buses operated by off-airport companies are a popular and convenient transportation option. Shuttle service is available at the Transportation Plazas across from Terminals 1 and 2 and curbside at the Commuter Terminal.

From Terminal 1 you must cross the skybridge and take either the escalators or the elevators to street level. From Terminal 2, use the pedestrian crosswalk conveniently located outside the Terminal 2 Baggage Claim Area to access the Transportation Plaza. A transportation coordinator will place you with the first available shuttle unless you specify a particular shuttle company.

A full list of shuttle companies and contact information is available at san.org.

Taxi Cabs

Many companies provide taxicab service at San Diego International Airport. If you need a taxi, simply follow the signs leading to the Transportation Plazas. A transportation coordinator will place you with the first available taxi unless you specify a particular taxicab company.

Fare from the airport to the Gaslamp Quarter is estimated at \$20.

Car Rental

All car rental pick-ups and drop-offs for rental car companies serving San Diego International Airport will occur at the new Rental Car Center. Free dedicated shuttle buses will run continually to ferry customers between the airport terminals and the Rental Car Center.

Public Transportation

Amtrak & COASTER

Travelers headed to and from San Diego International Airport can connect with Amtrak's Pacific Surfliner and the COASTER at Amtrak's Santa Fe Depot train station downtown by using Metropolitan Transit System Route 992, which operates between 5:00 a.m. and 11:30 p.m., every 15 minutes on weekdays and every 30 minutes on weekends and holidays.

For additional information on connecting transit, fares, personalized travel planning, and disabled services, call 760-966-6500 or visit www.gonctd.com/coaster.

Getting Around San Diego (continued)

City Bus

City Bus public transit is available to and from the Airport and downtown San Diego on Metropolitan Transit System Route 992, which stops at Terminals 1 and 2 and operates between 5:00 a.m. and 11:30 p.m., every 15 minutes on weekdays and every 30 minutes on weekends and holidays.

This frequent bus service connects with Trolley, COASTER and Amtrak stations and is wheelchair accessible. For more information on the Metropolitan Transit System, call 619-233-3004 or visit www.sdmts.com.

Trolley

MTS' San Diego Trolley is San Diego's light rail transit network. Its three lines serve many popular areas and attractions, such as Downtown, the Convention Center, SDSU, Old Town, and the Mexican border.

All three Trolley lines can be reached by taking City Bus Route 992 to the Broadway and Kettner Blvd. bus stop in downtown. Once off the bus, the Orange and Blue Lines can be accessed from the America Plaza Station on the corner of Broadway and Kettner Blvd. The Green Line can be accessed from the Santa Fe Depot Station on Kettner Blvd., one block north of the bus stop. Visit san.org for complete details on Trolley services.

Limousines & Luxury Sedans

Many limousine/luxury sedan companies provide service from San Diego International Airport. Please visit the San Diego Convention and Visitors Bureau at sandiego.org for a list of service providers.



International Travel Information

Visa Waiver Program

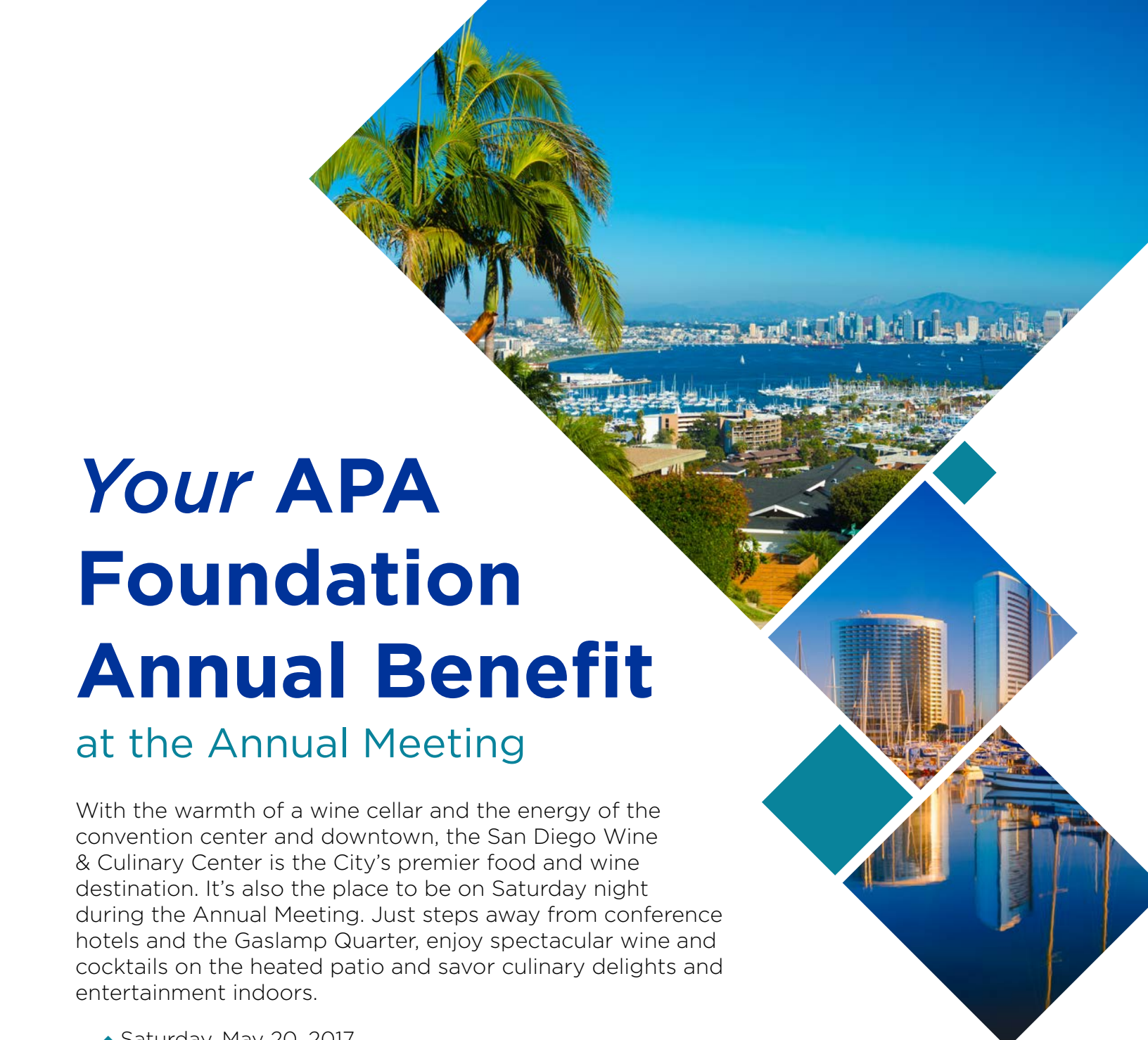
Begin the visa application process immediately; the visa process takes longer than you may anticipate. For further information, visit the Department of Homeland Security website at www.cbp.gov/travel/international-visitors/esta. International travelers who are seeking to travel to the United States under the Visa Waiver Program (VWP) are subject to enhanced security requirements. All eligible travelers who wish to travel under the VWP must apply for authorization through the Electronic System for Travel Authorization (ESTA). The VWP is administered by the Department of Homeland Security (DHS) and enables citizens and eligible nationals of certain countries to travel to the United States for tourism or business for stays of 90 days or less without obtaining a visa. Log onto the ESTA website at www.cbp.gov/travel/international-visitors/esta and complete an online application in English. Travelers are encouraged to apply early. The web-based system will prompt you to answer basic biographical and eligibility questions typically requested on a paper I-94W form.

Applications may be submitted at any time prior to travel; however, DHS recommends that applications be submitted no less than 72 hours prior to travel. This waiver is not a guarantee of admissibility to the United States at a port of entry. ESTA approval only authorizes a traveler to board a carrier for travel to the U.S. under the VWP. Additional information regarding the VWP and ESTA is available at cbp.gov/travel/international-visitors. Also refer to the State Department website travel.state.gov for more information on international travel, passports and visas.

Invitation Letters

Invitation letters from the APA can be obtained by visiting the online [Attendee Service Center](#). Invitation letters will be issued to registered attendees only.





Your APA Foundation Annual Benefit at the Annual Meeting

With the warmth of a wine cellar and the energy of the convention center and downtown, the San Diego Wine & Culinary Center is the City's premier food and wine destination. It's also the place to be on Saturday night during the Annual Meeting. Just steps away from conference hotels and the Gaslamp Quarter, enjoy spectacular wine and cocktails on the heated patio and savor culinary delights and entertainment indoors.

- ◆ Saturday, May 20, 2017
- ◆ 7-10 p.m.
- ◆ Ticket includes open bar and heavy hors d'oeuvres/dessert
- ◆ Business attire

Tickets:

Advance tickets: \$95 prior to April 30th; \$125 after.

Contact 703-907-8512 to purchase.

Questions?

Email: lcoffin@psych.org
Phone: 703-907-8512

AMERICAN
PSYCHIATRIC
ASSOCIATION

FOUNDATION



Explore San Diego

No matter how many times you visit, there is always an adventure waiting for you in San Diego. Filled with history, charm, shopping, and good food, San Diego's diverse neighborhoods are among the must-see attractions while you are in town!

Download the [Attendee Guide](#) for information on the convention center, explore neighborhoods, shopping, dining, night life, and nearby attractions. The guide is available in digital format, by downloading the app or by requesting a printed version.

Exploring San Diego's Neighborhoods

Gaslamp Quarter

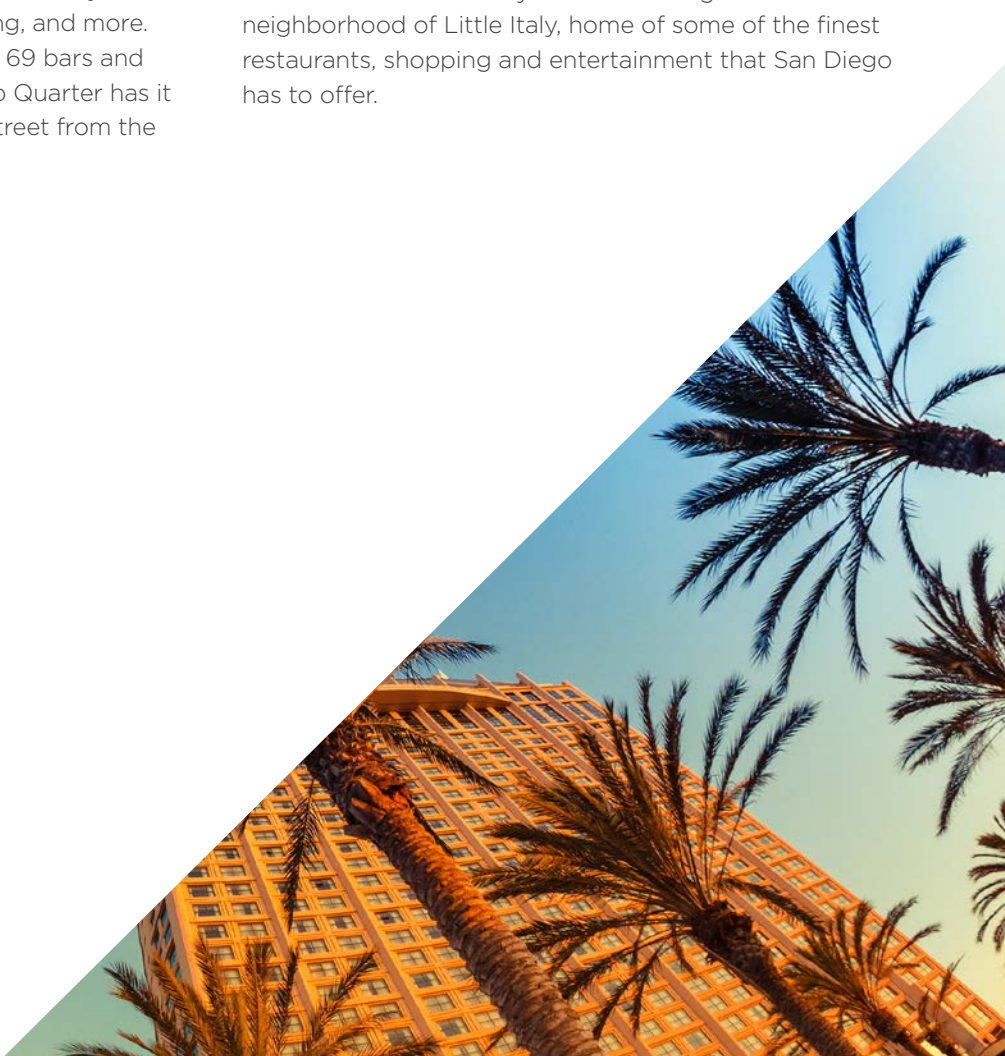
Steps from the convention center's front doors, you'll find award-winning food, drinks, shopping, and more. With 137 dining options, 73 retailers, and 69 bars and nightclubs, the 16-block historic Gaslamp Quarter has it all. The Gaslamp Quarter is across the street from the convention center down Fifth Avenue.

East Village

As downtown San Diego's most rapidly developing neighborhood, the East Village boasts an eclectic mix of arts, culture, education, and entertainment. Located just east of the Gaslamp Quarter, between 7th Ave. and 18th St., you'll find a trendy neighborhood home to over 700 businesses including landmarks like Petco Park and the San Diego Central Library. Between or after your meetings, take a picturesque stroll across the Harbor Drive Pedestrian Bridge and discover what this neighborhood is all about.

Little Italy

Located minutes away from the convention center on the Green Line Trolley is the charming historic neighborhood of Little Italy, home of some of the finest restaurants, shopping and entertainment that San Diego has to offer.



Explore San Diego

(continued)

Coronado

Just across the bay awaits the charming island of Coronado. You don't need a car to get there; the ferry conveniently departs from behind the convention center to take you across the San Diego Bay. After enjoying awe-inspiring views from the water, you will be greeted by food, shopping and adventure at the Coronado Ferry Landing. Stroll down famous Orange Avenue for a variety of dining and shopping experiences and don't miss the beauty of the historic Hotel del Coronado.

Embarcadero

Four miles of charmingly scenic San Diego Bayfront walking paths begin just outside the back terraces of the convention center. Along the 44.6 acres of open park space, you will pass Seaport Village, The Headquarters, USS Midway Museum, and Maritime Museum of San Diego.

Old Town

Good food, history and culture combine in the neighborhood referred to as Old Town San Diego. Considered the birthplace of California, it's home to 27 historic sites and authentic Mexican food eateries where you can watch tortillas made by hand. After you eat, do some shopping at Bazaar del Mundo for one-of-a-kind gifts. To get there, take the Green Line Trolley or hop aboard the Old Town Trolley.

The Beaches of San Diego

Want to dig your toes in the sand? There are 70 miles of beaches in San Diego to do just that! Coronado Beach, La Jolla Shores, Ocean Beach, and Pacific Beach made it into San Diego's top 10 beaches as ranked by *USA Today*



Explore San Diego (continued)

Show Your Badge and Save!

Your convention badge means you save in San Diego! Show your badge at partnering restaurants, bars or attractions for attendee discounts.

Dining

If you are looking to sample cuisine as diverse as the region, you won't be disappointed. San Diego offers dining experiences in neighborhoods that serve up flavor from around the world. There are lots of great dining options near the convention center.

Shopping

Whether you are looking for souvenirs, a new outfit or to pamper yourself, San Diego has plenty of options for you. There are several options within walking distance of the convention center. Westfield Horton Plaza offers 100 well-recognized stores, including Macy's. Walk along the Bayfront to shop at the Seaport Village or The Headquarters at Seaport.

Arts & Culture

San Diego is home to renowned performing arts venues, museums and cultural attractions unique to our destination. Balboa Park is home to a hub of arts and culture. Whether admiring the largest concentration of museums west of the Mississippi or celebrating 100 years at the San Diego Zoo, Balboa Park is a must-see destination.

Attractions

Stay for the vacation! There are a variety of adventures that await you in San Diego. Celebrating its 100th year, The **San Diego Zoo** is the most popular attraction. Enjoy an exotic safari at the **San Diego Zoo Safari Park**. Just 30 miles north of the convention, the Safari Park will transport you into another world! A staple of San Diego, **Sea World San Diego** hosts whales, sharks, dolphins, and other marine life. For thrill seekers, hop aboard **Manta**, an educational exhibit about manta rays. "Build Your Own Adventure" at **LEGO Land California**, a 128-acre park with over 60 family rides, models made of 60 million LEGO bricks and a waterpark. The park is located in Carlsbad, approximately 34 miles north of downtown San Diego.



Hotel Reservation Information

Protect Yourself From Hotel Scams!



onPeak is the only official hotel provider associated with the 2017 Annual Meeting. Hotel reservations made outside of the official 2017 Annual Meeting hotel block can be risky: tradeshow are often uniquely targeted by companies who can put you at risk of being stranded without hotel rooms and lost deposits. Please do not become a victim of these companies and their scams.

Visit the official reservation site of the 2017 Annual Meeting or call onPeak directly to secure your worry-free reservation.

Housing Instructions

As an APA member benefit, housing will open December 1, 2017 for APA members only.

For nonmembers, it will open on December 15, 2017.

- ▶ **Online:** psychiatry.org/annualmeeting
- ▶ **Address:**
onPeak
381 Park Ave. South, 3rd Floor
New York, NY 10016
- ▶ **By Phone,** dial 1-855-992-3353
(USA, Caribbean and Canada);
internationally, dial 1-312-527-7300

Deposit Policy: Reservations will only be accepted with a credit card guarantee or check deposit. ALL reservations require a credit card at the time of booking. You may change your guarantee method by sending an advanced deposit check. (Reservations will automatically be canceled if a credit card guarantee is not received within 72 hours of booking.) Deposit checks and wire transfers must be received by April 7, 2017. After April 7, 2017, reservations will be accepted with a credit card guarantee only. Reservations and changes are subject to hotel availability. Please check your reservation confirmation for details.

Changes and Cancellations: Cancellations and changes of hotel reservations, before May 5, 2017, must be made with onPeak. After this date, all changes and/or cancellations must be made directly with the hotel.



Hotel Descriptions

Grand Hyatt

\$289 Single/Double

Experience the largest waterfront urban resort on the West Coast when you visit the Grand Hyatt. This luxury waterfront hotel combines the convenience of downtown with the comfort of Hyatt's inviting guestrooms. Relax in the full-service spa and salon or in your plush Hyatt Grand Bed™ while enjoying views of the city and San Diego Bay. Guests can easily explore the San Diego, California, area with nearby attractions like PetCo Park, the Zoo, Balboa Park, the Midway Museum, Gaslamp, Coronado Island, and Sea World. Additionally, this hotel features a state-of-the-art FedEx business center, 24 hour StayFit™ fitness center and exclusive Hyatt services — including Fast Board™ and PDA Check-in-help to make your stay even more enjoyable. Come to a hotel where the service is uncommonly attentive and the surroundings are stunning right in the heart of America's Finest City.

Hilton Bayfront

\$249 Single/Double

Sitting on one of the most spectacular locations along the California coast, the Hilton Bayfront is a reflection of all the things that make San Diego shine. Built on the former site of a historic shipyard, this hotel echoes San Diego's unique maritime heritage. At every window, you can see the vast diversity of San Diego Bay from sleek sailing ships to naval and commercial vessels. You might even catch the U.S. Navy Seals training in the waters of San Diego Bay or see large cargo ships delivering bananas and pineapples from Costa Rica. This hotel's locale gives you more than amazing bay views and convenience.

Marriott Marquis

\$299 Single/Double

Soak up the sun in style at the Marriott Marquis. Unique to other downtown San Diego hotels, Marriott provides an environment that easily transitions from dynamic meetings to resort-style relaxation with luxury guest rooms, and a 446-slip marina. Experience grand service and thoughtful amenities during your stay with exceptional dining options, a resort-style pool with cabanas, and a bar, spa and state-of-the-art fitness center. Relax at the end of the day in well-appointed guest rooms featuring plush bedding, the

latest technology and breathtaking views of San Diego Bay. No matter what kind of getaway you're craving, this luxury hotel in downtown San Diego delivers.

Andaz San Diego

\$269 Single/Double

Andaz San Diego, located in the heart of the Gaslamp Quarter at 6th Avenue and F Street, is San Diego's premier urban resort destination for first-class service, sophistication and luxury. The property features 159 guest rooms, including 17 suites. The interiors exude a contemporary, residential comfort with a balance of modern and classical design. Masculine and feminine elements influence the palettes, textures and furnishings. Stylish guest rooms feature complimentary Internet, select non-alcoholic beverages and select snacks from the mini-bar, as well as flat panel televisions and spacious bathrooms with speakers. Guests receive a complimentary welcome beverage at the time of arrival while enjoying the unique atmosphere.

Embassy Suites

\$269 Single/Double

Make yourself at home at the Embassy Suites San Diego Bay - Downtown. In your free time, relax in a spacious two-room suite, which includes a living room, private bedroom, well-lit work table, microwave, and sofa. Need to stay productive? The business center has all you need to get your work done. When it's time to unwind, get in a good workout at the fitness center or dive into the heated indoor pool. Start the day with a delicious cooked-to-order breakfast, offering omelets and pancakes, or for those on the run, swing into the Dunkin Donuts located right in the lobby. Network in the atrium at the Evening Reception with drinks and hors d'oeuvres and grab refreshments in the evening at Baskin Robbins.

Hard Rock Hotel San Diego

\$279 Single/Double

Hard Rock Hotel San Diego is the unique fusion of San Diego-style fun-in-the-sun with Hard Rock Hotel-style glamour, right at the foot of the Gaslamp Quarter. No other downtown San Diego hotel is better situated — the gateway to the city's fashionable nightlife district with all its dining and entertainment options, yet right across the street from the San Diego Convention Center. So you can dive right into work or play — and then come back to the hotel for more play.

Hotel Descriptions (continued)

Hilton Gaslamp Quarter

\$279 Single/Double

Set in the heart of the historic Gaslamp Quarter, the Hilton Gaslamp Quarter hotel is surrounded by shopping, theaters, galleries, and more than 100 restaurants and bars. This San Diego hotel's location is adjacent to the San Diego Convention Center, across the street from PETCO Park — home of the San Diego Padres — and minutes from San Diego International Airport (SAN). New Leaf Restaurant offers an innovative California menu for breakfast, lunch and dinner with patio dining overlooking Martin Luther King Park and a private dining area. The outdoor Fire Pit is an ideal spot for a pre- or post-Gaslamp outing, with cocktails, appetizers and desserts served alfresco. Adjacent walking and running trails that border San Diego's Big Bay offer the opportunity to enjoy the city's near-perfect climate.

Marriott Gaslamp Quarter

\$259 Single/Double

Discover the heart of Downtown San Diego at a modern, elegant and upscale hotel that places you in the epicenter of a vibrant environment. Boutique-style service, sleek decor and intuitive amenities come together with some of San Diego's premier dining and nightlife. This San Diego Gaslamp hotel sits in the heart of the city's most energetic and inspiring district - adjacent to Petco Park and steps away from stellar shopping and dining.

Omni San Diego Hotel

\$259 Single/Double

The newly renovated four-star Omni San Diego Hotel is just one more reason to visit this fabulous seaside city. Located in the heart of the historic Gaslamp Quarter across from the convention center, Omni San Diego Hotel puts you close to the city's top sites and attractions. Omni San Diego Hotel offers you the perfect stay, with contemporary accommodations that feature views of the bay, city or PETCO Park Stadium, as well as the impeccable service Omni Hotels is known for.

Renaissance

\$275 Single/Double

At Renaissance® Hotels & Resorts, you'll find a place where simple delights become memorable moments,

where distinctive style flirts with touches of whimsy, and where unparalleled service and uncommon sophistication always provide a unique experience.

Residence Inn San Diego Downtown/ Gaslamp Quarter

\$249 Single/Double

Extend your experience and explore like a local with the new Residence Inn San Diego Downtown Gaslamp Hotel. Designed with modern and eclectic touches, this hotel in the San Diego Gaslamp Quarter embodies an urban design with a hint of the Victorian era. Enjoy a prime location steps from the convention center and enjoy the residential feel of this Gaslamp Quarter hotel.

U.S. Grant Hotel

\$279 Single/Double

A San Diego Icon since 1910, The U.S. Grant San Diego hotel is situated in the city's lively and historic downtown Gaslamp Quarter, just steps from top shopping, dining and entertainment and a short drive from the destination's world-renowned beaches, museums and family attractions. This San Diego hotel's Grand Lobby, adorned with sparkling crystal chandeliers, hand-loomed silk carpets and artwork, gives guests a preview of the modern and elegant guest rooms and 22 distinctive meeting rooms. Meanwhile, the art deco-style Grant Grill and Grant Grill Lounge offer some of the city's best San Diego restaurants. Each of the 270 San Diego accommodations, including 47 San Diego suites, feature such stunning details as a custom Yves Clement drip-painting headboard, adding a modern touch to classic Empire-style furnishings in a contemporary setting.

Westin

\$279 Single/Double

The Westin provides a retreat to one of downtown San Diego's landmark hotels. The Westin is located a few blocks from the famous Gaslamp Quarter and just minutes from all of San Diego's major attractions: Sea World, San Diego Zoo, Old Town, and more. Enjoy Westin San Diego Hotel's panoramic views of the San Diego Bay, Coronado Island and the downtown cityscape from your guestroom.

Hotel Listings and Amenities

Hotel	Shuttle Bus Stop	Single Rate	Double Rate	Incentives
Grand Hyatt <i>1 Market Place</i>	0.3mi — Walking distance	\$289.00	\$289.00	
Hilton Bayfront <i>1 Park Blvd.</i>	0.3mi — Walking distance	\$249.00	\$249.00	
Marriott Marquis <i>333 West Harbor Drive</i>	0.05mi — Walking distance	\$299.00	\$299.00	50% discount on internet costs
Andaz San Diego <i>600 F St.</i>	0.6mi — Route 2 - across the street at 7th St. and F St.	\$269.00	\$269.00	Free internet
Embassy Suites <i>601 Pacific Highway</i>	0.7mi — Route 1 - curbside lobby entrance	\$269.00	\$269.00	<ul style="list-style-type: none"> ▪ Free internet ▪ Free breakfast ▪ Double Rewards
Hard Rock Hotel San Diego <i>207 5th Ave.</i>	0.1mi — Walking distance	\$279.00	\$279.00	<ul style="list-style-type: none"> ▪ Free breakfast
Hilton Gaslamp Quarter <i>401 K St.</i>	0.2mi — Walking distance	\$279.00	\$279.00	<ul style="list-style-type: none"> ▪ Free internet ▪ Free breakfast (Hilton Gold and Diamond Level guests)
Marriott Gaslamp Quarter <i>660 K St.</i>	0.2mi — Walking distance	\$259.00	\$259.00	Free internet (Marriott Rewards members)
Omni San Diego Hotel <i>675 L St.</i>	0.2mi — Walking distance	\$259.00	\$259.00	Free internet
Renaissance <i>421 West B St.</i>	0.8mi — Route 1 - across the street at B St. and State St.	\$275.00	\$275.00	<ul style="list-style-type: none"> ▪ Free internet ▪ Double Rewards Points

Hotel Listings and Amenities (continued)

Hotel	Shuttle Bus Stop	Single Rate	Double Rate	Incentives
Residence Inn San Diego Downtown/ Gaslamp Quarter <i>356 6th Ave.</i>	0.3mi — Walking distance	\$249.00	\$249.00	<ul style="list-style-type: none"> ■ Free internet ■ Free breakfast
U.S. Grant Hotel <i>326 Broadway</i>	0.65—Route 2 - 4th St. Entrance	\$279.00	\$279.00	<ul style="list-style-type: none"> ■ Free internet ■ Double Rewards Points
Westin <i>400 West Broadway</i>	0.9mi — Route 1 - across the street at Columbia St. and Broadway	\$279.00	\$279.00	Free internet
Westin Gaslamp Quarter <i>910 Broadway Circle</i>	0.5mi — Route 1 - Curbside First Ave. driveway	\$269.00	\$269.00	<ul style="list-style-type: none"> ■ Free internet ■ Double Rewards Points



Hotel Map



- 1. Andaz San Diego 600 F St.
- 2. Embassy Suites 601 Pacific Highway
- 3. Hard Rock Hotel San Diego 207 5th Ave.
- 4. Hilton Bayfront 1 Park Blvd.
- 5. Hilton Gaslamp Quarter 401 K St.
- 6. Grand Hyatt 1 Market Place
- 7. Omni San Diego Hotel 675 L St.
- 8. Renaissance 421 West B St.

- 9. Residence Inn San Diego
Downtown/Gaslamp Quarter 356 6th Ave.
- 10. Marriott Gaslamp Quarter 660 K St.
- 11. Marriott Marquis 333 West Harbor Drive
- 12. U.S. Grant Hotel 326 Broadway
- 13. Westin 400 West Broadway
- 14. Westin Gaslamp Quarter 910 Broadway Circle

Shuttle Bus Routes

The San Diego Convention Center will operate as the “hub” of the APA shuttle bus system. All routes will begin and end there. The shuttle will operate during the following days and times:

Hours of Operation

Saturday, May 20, 2017	7:00 a.m. – 5:30 p.m.
Sunday, May 21, 2017	7:00 a.m. – 7:30 p.m.
Monday, May 22, 2017	7:00 a.m. – 7:30 p.m.
Tuesday, May 23, 2017	7:00 a.m. – 5:30 p.m.
Wednesday, May 24, 2017	7:00 a.m. – 5:30 p.m.

ROUTE 1—RED

Embassy Suites	Curbside lobby entrance
Renaissance	Across the street at B St. and State St.
Westin	Across the street at Columbia St. and Broadway
Westin Gaslamp Quarter	Curbside at First Ave. driveway

ROUTE 2—YELLOW

Andaz San Diego	Across the street at 7th St. and F St.
U.S. Grant Hotel	4th St. entrance

Walking distance hotels, NOT on shuttle route:

- ▶ Grand Hyatt
- ▶ Hilton Bayfront
- ▶ Marriott Marquis
- ▶ Hard Rock Hotel San Diego
- ▶ Hilton Gaslamp Quarter
- ▶ Marriott Gaslamp Quarter
- ▶ Omni San Diego Hotel
- ▶ Residence Inn San Diego Downtown/Gaslamp Quarter

Please refer to page 56, to view the hotel map, to determine the distance between the individual hotel to the shuttle bus stop.

Shuttle information signs will be posted in the lobby of each shuttle hotel. Check the sign in your hotel lobby for additional information and changes. For questions regarding the shuttle service or to make an advance reservation for a wheelchair-accessible shuttle bus, please see the shuttle bus supervisor at the San Diego Convention Center during shuttle hours or call 1-877-865-3437.

For real-time information on shuttle locations and pick-up times, please download the **ETS Shuttle Tracker** app, available for iPhone and Android smartphones.



Registration Information

Meeting Registration Fees

Standard Registration includes admission to approximately 450 scientific sessions with the opportunity to earn CME credits, admission into the Exhibit Hall and a registration badge with access to the shuttle bus service from official meeting hotels to the San Diego Convention Center. Additional fees are required for courses.

Gold Registration includes a standard registration (items noted above) **plus** APA Annual Meeting On Demand. A \$10 U.S. shipping fee or \$45 international shipping fee will be added.

APA Annual Meeting On Demand is a digital library of over 300 hours of educational content presented at the APA Annual Meeting. If you signed up for Gold Registration, you will have access to the APA Annual Meeting On Demand. Sessions will be available online within 24 hours of the live presentation.

APA Members Save on Registration

Your 2017 APA membership dues must be paid to qualify for the member registration rate. You will still be able to register at the member rate; however, your registration will be provisional until your dues are processed. Contact the APA Membership Office at 703-907-7300 or 888-357-7924 with questions regarding your membership status BEFORE registering for the meeting.

Registration Dates

Early Bird Registration:

APA members: December 1, 2016 – February 2, 2017

Nonmembers: December 15, 2016 – February 2, 2017

Advance Registration:

February 3 – April 20, 2017

Late Advance Registration (online only):

April 21 – May 18, 2017

On-Site Registration:

May 19 – May 24, 2017

Registration deadlines conclude at 11:59 p.m. ET on the final day of the current period. Prices will increase automatically at midnight ET.

How to Register:

Online: Visit psychiatry.org/annualmeeting/registration

Fax and/or mail: To register by fax and/or mail please request a copy of the registration form by emailing registration@psych.org or calling 703-907-7830. Mailed and faxed registrations are assessed a \$25 registration fee per registrant. Please note, paper registration forms can only be accepted via fax and/or mail. In an effort to adhere to PCI-compliant policies, paper forms will not be accepted via email.

The APA shares personal identifying information about Annual Meeting registrants with meeting exhibitors. This includes your name, title and mailing address.

Provisional Registrations

Nonmember Medical Student, Nonmedical Student, Nonmember Advocacy Group Member, Mental Health Chaplain, and Nonmember Psychiatric Resident registrations are considered provisional until status verification is received. To qualify for the fee reduction or exemption, a copy of your proper credentials—such as a copy of your valid medical student ID, valid student ID, letter from your program director, business card, or letter from the agency stating your role—or a copy of your certification must be received within seven (7) days of your online registration or included with your mailed or faxed registration. Registrations received without proper credentials will be cancelled.

Registration Information (continued)

Registration Rates

	Standard			Gold (With Annual Meeting On Demand) <small>Gold rates below do not include the price for applicable shipping charges. See page 7 for details about the On Demand program.</small>		
APA Member	Early Bird	Advance	Late Advance/ Onsite	Early Bird	Advance	Late Advance/ Onsite
Full Program	\$380	\$430	\$480	\$779	\$829	\$879
Resident-Fellow	\$110	\$150	\$175	\$309	\$349	\$374
One-Day Registrant	\$205	\$235	\$255	\$604	\$634	\$654
Two-Day Registrant	\$330	\$380	\$430	\$729	\$779	\$829
Medical Student	\$0	\$0	\$0	\$199	\$199	\$199
Presenter*	\$285	\$285	\$320	\$684	\$684	\$719
Presenter Daily*	\$100	\$100	\$135	\$499	\$499	\$534
Honorary Fellow**	\$0	\$0	\$0	\$399	\$399	\$399
Nonmember	Early Bird	Advance	Late Advance/ Onsite	Early Bird	Advance	Late Advance/ Onsite
Full Program	\$980	\$1030	\$1080	\$1379	\$1429	\$1479
Resident***	\$180	\$220	\$245	\$379	\$419	\$444
Nonphysicians, Nonmedical Students, Mental Health Chaplains, Advocacy Group Members, Nonpsychiatrist Presenter (full program)***	\$180	\$220	\$245	\$379	\$419	\$444
One-Day Registrant	\$530	\$560	\$580	\$929	\$959	\$979
Two-Day Registrant	\$930	\$980	\$1030	\$1329	\$1379	\$1429
Medical Student***	\$0	\$0	\$0	\$199	\$199	\$199
Spouse/Significant Other****	\$230	\$270	\$295	\$629	\$669	\$694
Psychiatrist Presenter*	\$685	\$685	\$750	\$1084	\$1084	\$1149
Psychiatrist Presenter Daily*	\$445	\$445	\$510	\$844	\$844	\$909
Nonpsychiatrist Presenter Daily*	\$0	\$0	\$0	\$199	\$199	\$199

*Presenters will receive a presenter promo code by email once accepted. Nonpsychiatrist presenters will only receive a fee waived registration for the day they are scheduled to present. Nonpsychiatrist presenters wishing to attend the full conference should register under the applicable nonphysician registration categories.

**Does not include APA Fellows, Distinguished Fellows, Distinguished Life Fellows, or Life Fellows.

***Proper credentials, such as a copy of your valid medical student ID, valid student ID, letter from your program director, business card, or letter from the agency stating

your role, or a copy of your certification (whichever is applicable) must be received within (7) days of your online registration or included with your mailed or faxed registration. Registrations received without credentials will be cancelled.

****As a member benefit, only APA members can register a spouse or significant other at this discounted rate. This category is only for a spouse/significant other residing in the same household who is not an APA member and receives mail at the same address. This cannot be used for a colleague, an APA Member, siblings, or children. Only one additional registration is allowed per full-program registrant.

Registration Information (continued)

Course/Master Course Enrollment Rates

There are additional fees for courses. You must first be registered for the Annual Meeting in order to enroll in a course or master course. Daily registrants can only enroll in courses offered on the day registered for the meeting.

APA Member Course	Early Bird	Advance	Late Advance/ Onsite
Half Day (4 hours)	\$170	\$190	\$215
Full Day (6 hours)	\$230	\$265	\$300
Full Day (8 hours)	\$275	\$325	\$345
Master Courses	\$370	\$400	\$430
Nonmember Course	Early Bird	Advance	Late Advance/ Onsite
Half Day (4 hours)	\$195	\$215	\$240
Full Day (6 hours)	\$280	\$315	\$365
Full Day (8 hours)	\$375	\$425	\$445
Master Courses	\$470	\$500	\$530

Payment

The APA accepts American Express, Discover, Mastercard, Visa, money order, or a check (in U.S. funds only) payable to the American Psychiatric Association. Registrants wishing to pay by check or money order can do so online or by mailing the completed registration form to American Psychiatric Association, Annual Meeting Registration, P.O. Box 418237, Boston, MA 02241-8237. The APA does not accept bank or wire transfers. Registrations will not be processed without proper payment.

Cancellation Fees and Refunds

All registration and/or course cancellation requests must be received in writing by **May 4, 2017**, (see dates below for refund schedule) by the APA Office via fax, 703-907-1097, or email, registration@psych.org. A confirmation will be sent once the request has been processed. The fee will be refunded in the manner in which it was received. Refund policy and cancellation fees are as follows:

Until March 16, 2017: Full refund

March 17 - May 4, 2017: Refund less cancellation fee equal to 25% of total amount paid

May 5, 2017, and beyond: No refunds

APA Gives Back—Annual Meeting Charity Program

In its 8th year, “APA Gives Back” provides an opportunity for the APA, its members and Annual Meeting attendees to support a community organization in the city where the Annual Meeting is held. Since its inception in 2010, “APA Gives Back” has donated over \$129,000 to local groups where our Annual Meeting has been held.

Support this year’s program by making a donation to the UCSD Student-Run Free Clinic Project. Based in San Diego, in partnership with the community, their mission is to provide respectful, empowering, high-quality health care for the underserved while inspiring the next generation of health professionals. The UCSD Student-Run Free Clinic Project, in partnership with the community, provides accessible, quality health care for the underserved in a respectful environment in which students, health professionals, patients, and community members learn from one another. For more information, visit https://meded.ucsd.edu/freeclinic/becoming_patient.php.

Contributions may be made through the APA’s registration system for the Annual Meeting by visiting psychiatry.org/annualmeeting.



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psychiatry.org/join

Group Registration Information

Definition of a Group

Groups are considered to be five (5) or more registrants from the same company.

To Register as a Group

All information must be entered for each registrant, including the registrant's email and mailing address. It is important for group registration representatives to ensure the proper registration category, as the APA will not refund fees for an incorrect registration category. Before registering attendees, contact the APA membership department at 888-357-7924 to confirm membership status.

Registration Dates

Early Bird Registration:

December 15, 2016 – February 2, 2017

Advance Registration:

February 3 – April 20, 2017

Late Advance Registration (Online Only):

April 21 – May 18, 2017

On-Site Registration:

May 19 – May 24, 2017

Registration deadlines conclude at 11:59 p.m. ET on the final day of the current period. Prices will increase automatically at midnight ET.

How to Register

Online: Visit psychiatry.org/annualmeeting/registration.

Fax and/or Mail: To register by fax and/or mail please request a copy of the form by emailing registration@psych.org or calling 703-907-7830. Mailed and faxed registrations are assessed a \$25 registration fee per registrant. Please note, paper registration forms can only be accepted via fax and/or mail. In an effort to adhere to compliance policies, paper forms will not be accepted via email.

The APA shares personal identifying information about Annual Meeting registrants with meeting exhibitors. This includes your name, title and mailing address.

Provisional Registrations

Nonmember Medical Student, Nonmedical Student, Nonmember Advocacy Group Member, Mental Health Chaplain and Nonmember Psychiatric Resident registrations are considered provisional until status verification is received. To qualify for the fee reduction or exemption, a copy of your proper credentials—such as a copy of your valid medical student ID, valid student ID, letter from your program director, business card, or letter from the agency stating your role—or a copy of your certification must be received within seven (7) days of your online registration or included with your mailed or faxed registration. Registrations received without proper credentials will be cancelled.



Group Registration Information (continued)

Payment

The APA only accepts Visa, MasterCard, American Express, money order, or a check (in U.S. funds only) payable to the American Psychiatric Association. Registrants wishing to pay by check or money order can do so online or by mailing the completed registration form to American Psychiatric Association, Annual Meeting Registration, P.O. Box 418237, Boston, MA 02241-8237. The APA does not accept bank or wire transfers. Registrations will not be processed without proper payment.

Cancellation Fees and Refunds

All registration and/or course cancellation requests must be received in writing by **May 4, 2017**, (see dates below for refund schedule) by the APA Office via fax, 703-907-1097, or email, registration@psych.org. A confirmation will be sent once the request has been processed. The fee will be refunded in the manner in which it was received. Refund policy and cancellation fees are as follows:

Until March 16, 2017: Full refund

March 17 – May 4, 2017: Refund less cancellation fee equal to 25% of total amount paid

May 5, 2017 and beyond: No refunds

Confirmation

Group registration representatives using the online portal will be able to send individual confirmations from the group account screen. You must have the individual email address to send confirmations. Registration representatives are responsible for contacting the registrants if not using the registrant's actual email address.

Group Registration Badge Collection

Two (2) weeks before the start of the meeting, group registration representatives will receive an onsite appointment time and location for collecting badges and conference materials. Representatives are responsible for collecting badges and conference materials for all registrants in their group.



American Psychiatric Association
2017 Annual Meeting Preliminary Program
888-35-PSYCH or 703-907-7300
apa@psych.org • psychiatry.org/annualmeeting